An Update for NYS Healthcare Providers on COVID-19

April 29, 2021
Agenda

• Global, National, New York State Update
• COVID-19 Variants Update
• COVID-19 Vaccine Update
• COVID-19 Vaccines and Pregnancy
• Updated COVID-19 Guidance
• COVID-19 and Clinician Wellbeing
Recordings will be available immediately:

NYSDOH COVID-19 Healthcare Provider website

In addition to YouTube, an on-demand version of our weekly sessions for healthcare providers in NYS is now available as a podcast – search NYSDOH
Disclaimer

• The situation is rapidly evolving.

• All of the information presented is based on our best knowledge as of today.
COVID-19 Global Update

Bryon Backenson
Acting Director
Division of Bureau of Communicable Diseases
## Situation Summary: COVID-19 Global, 4/25/2021

www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

<table>
<thead>
<tr>
<th>Region</th>
<th>Confirmed Cases</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Global</td>
<td>146,067,511</td>
<td>3,092,497 Over 3M</td>
</tr>
<tr>
<td>Western Pacific</td>
<td>2,337,462</td>
<td>36,222</td>
</tr>
<tr>
<td>Europe</td>
<td>50,714,995</td>
<td>1,061,218</td>
</tr>
<tr>
<td>South-East Asia</td>
<td>19,965,648 Up 49%</td>
<td>254,958 Up 81%</td>
</tr>
<tr>
<td>Eastern Mediterranean</td>
<td>8,822,942</td>
<td>176,950</td>
</tr>
<tr>
<td>Africa</td>
<td>3,274,714</td>
<td>81,870</td>
</tr>
<tr>
<td>Americas</td>
<td>60,951,004</td>
<td>1,481,266</td>
</tr>
</tbody>
</table>
Situation Summary: COVID-19 Global, 4/25/2021
www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

Figure 1. COVID-19 cases reported weekly by WHO Region, and global deaths, as of 25 April 2021**


Daily Trends in Number of COVID-19 Cases in the United States Reported to CDC
## NYSDOH COVID-19 Tracker (Apr 27, 2021)


### Total Test Results - Yesterday

<table>
<thead>
<tr>
<th>Region</th>
<th>Total Persons Tested</th>
<th>Total Tested Positive</th>
<th>% Positive, Yesterday</th>
<th>% Positive, 7-day Avg</th>
</tr>
</thead>
<tbody>
<tr>
<td>Capital Region</td>
<td>5,358</td>
<td>102</td>
<td>1.9%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Central New York</td>
<td>9,035</td>
<td>158</td>
<td>1.7%</td>
<td>1.4%</td>
</tr>
<tr>
<td>Finger Lakes</td>
<td>10,375</td>
<td>298</td>
<td>2.9%</td>
<td>2.8%</td>
</tr>
<tr>
<td>Long Island</td>
<td>20,171</td>
<td>401</td>
<td>2.0%</td>
<td>2.1%</td>
</tr>
<tr>
<td>Mid-Hudson</td>
<td>18,301</td>
<td>353</td>
<td>1.9%</td>
<td>2.3%</td>
</tr>
<tr>
<td>Mohawk Valley</td>
<td>5,582</td>
<td>64</td>
<td>1.1%</td>
<td>1.4%</td>
</tr>
<tr>
<td>New York City</td>
<td>75,543</td>
<td>1,297</td>
<td>1.7%</td>
<td>2.0%</td>
</tr>
<tr>
<td>North Country</td>
<td>2,199</td>
<td>42</td>
<td>1.9%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Southern Tier</td>
<td>17,009</td>
<td>104</td>
<td>0.6%</td>
<td>0.8%</td>
</tr>
<tr>
<td>Western New York</td>
<td>9,954</td>
<td>327</td>
<td>3.3%</td>
<td>3.5%</td>
</tr>
</tbody>
</table>
% Positive Results Over Time - All Regions
COVID-19 Variants Update
United States: 1/17/2021 – 4/10/2021

Most common lineages

<table>
<thead>
<tr>
<th>Lineage</th>
<th>Type</th>
<th>%Total</th>
<th>95%CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>B.1.1.7</td>
<td>VOC</td>
<td>59.2%</td>
<td>55.1-62.2%</td>
</tr>
<tr>
<td>B.1.526</td>
<td>VOI</td>
<td>8.7%</td>
<td>6.7-11.4%</td>
</tr>
<tr>
<td>B.1.429</td>
<td>VOC</td>
<td>4.5%</td>
<td>3.5-5.8%</td>
</tr>
<tr>
<td>B.1.2</td>
<td></td>
<td>4.0%</td>
<td>3.4-4.6%</td>
</tr>
<tr>
<td>B.1.526.1</td>
<td>VOI</td>
<td>3.5%</td>
<td>3.0-4.2%</td>
</tr>
<tr>
<td>P.1</td>
<td>VOC</td>
<td>3.5%</td>
<td>2.9-4.2%</td>
</tr>
<tr>
<td>B.1.1.519</td>
<td></td>
<td>2.9%</td>
<td>2.4-3.6%</td>
</tr>
<tr>
<td>B.1.526.2</td>
<td></td>
<td>2.8%</td>
<td>2.1-3.7%</td>
</tr>
<tr>
<td>B.1</td>
<td></td>
<td>1.9%</td>
<td>1.6-2.2%</td>
</tr>
<tr>
<td>B.1.427</td>
<td>VOC</td>
<td>1.8%</td>
<td>1.3-2.4%</td>
</tr>
<tr>
<td>B.1.1</td>
<td></td>
<td>0.7%</td>
<td>0.4-1.0%</td>
</tr>
<tr>
<td>B.1.596</td>
<td></td>
<td>0.5%</td>
<td>0.4-0.7%</td>
</tr>
<tr>
<td>R.1</td>
<td></td>
<td>0.5%</td>
<td>0.4-0.7%</td>
</tr>
<tr>
<td>B.1.575</td>
<td></td>
<td>0.5%</td>
<td>0.3-0.7%</td>
</tr>
<tr>
<td>B.1.243</td>
<td></td>
<td>0.2%</td>
<td>0.1-0.3%</td>
</tr>
<tr>
<td>B.1.234</td>
<td></td>
<td>0.2%</td>
<td>0.1-0.3%</td>
</tr>
<tr>
<td>B.1.351</td>
<td>VOC</td>
<td>0.9%</td>
<td>0.7-1.2%</td>
</tr>
<tr>
<td>B.1.525</td>
<td>VOI</td>
<td>0.4%</td>
<td>0.3-0.6%</td>
</tr>
<tr>
<td>P.2</td>
<td>VOI</td>
<td>0.2%</td>
<td>0.1-0.3%</td>
</tr>
<tr>
<td>Other*</td>
<td>Other</td>
<td>3.2%</td>
<td>2.6-3.8%</td>
</tr>
</tbody>
</table>

* Other represents >200 additional lineages, which are each circulating at <1% of viruses

COVID-Associated Hospitalizations in NY

- Hospitalizations down more than 50% from 1/12, but age distribution has changed
  - Vaccine
  - Behavior
  - Variants
COVID-19 Vaccine Updates

Jessica Kumar DO, MPH
Medical Director
Bureau of Communicable Disease Control
Agenda

- TTS and the J&J Vaccine Resumes 4/23
- COVID Vaccines and Pregnancy
- COVID Vaccine and Older Adults
- Vaccine Confidence
- Other COVID Resources
J&J Vaccine: TTS or VITT

Clinical Signs and Symptoms

Reported findings
- Thrombosis in unusual locations
  - "Typical" VTE sites also reported
- Thrombocytopenia
- Low fibrinogen
- Elevated D-dimer

Thrombosis in unusual locations: symptoms
- Cerebral venous sinus thrombosis (CVST)
  - Headache, vision changes, N/V, other neurologic symptoms
- Splanchnic vein thrombosis
  - Abdominal pain, back pain, N/V
- Portal, hepatic, splenic, mesenteric veins
CDC and FDA recommended a pause in the use of the Janssen COVID-19 vaccine after reports of six U.S. cases of cerebral venous sinus thrombosis (CVST) with thrombocytopenia, a rare thromboembolic syndrome, among Janssen COVID-19 vaccine recipients.
On April 23, 2021, after a discussion of the benefits and risks of resuming vaccination, ACIP reaffirmed its interim recommendation for use of the Janssen COVID-19 vaccine in all persons aged ≥18 years under the FDA’s EUA, which now includes a warning that rare clotting events might occur after vaccination, primarily among women aged 18–49 years.

Patient and provider education about the risk for TTS with the Janssen COVID-19 vaccine, especially among women aged <50 years, as well as the availability of alternative COVID-19 vaccines, is required to guide vaccine decision-making and ensure early recognition and clinical management of TTS.
Thrombosis with Thrombocytopenia Syndrome (TTS)

- Acute venous or arterial thrombosis and NEW onset thrombocytopenia with no recent exposure to heparin
- In the United States, 15 female patients ages 18-59 yrs post Janssen COVID-19 vaccination developed thrombosis with thrombocytopenia and 12 had clots located in cerebral venous sinuses
- Occurred 6-15 days post vaccine
- Clots have occurred in other unusual locations including in the portal vein and splenic vein, and included a combination of venous and arterial thromboses
- These reports represent a reporting rate of 7 such events per 1 million vaccinations among women 18 through 49 years old and a rate of 0.9 per 1 million vaccinations among women 50 years and older. For all women, this is a rare adverse event.
Details of TTS Reports with J&J

- Over 7 million doses administered
- 15 confirmed cases of TTS
- Additional cases under review
- Reporting rates are equal to TTS cases per one million J&J vaccine doses administered
Any patient presenting with both acute venous or arterial thrombosis AND new onset thrombocytopenia and no known recent exposure to heparin.
• CDC Health Advisory: https://emergency.cdc.gov/han/2021/han00442.asp
• For **three weeks after receiving the vaccine**, you should be on the lookout for possible symptoms of a blood clot with low platelets.
• These include:
  – Severe or persistent headaches or blurred vision
  – Shortness of breath
  – Chest pain
  – Leg swelling
  – Persistent abdominal pain
  – Easy bruising or tiny blood spots under the skin beyond the injection site
Recommended Diagnostics

- CBC with platelet count (platelets may be normal early on, could track them)
- Symptom directed imaging with IV contrast for head/abdominal imaging
- DVT/PE and other vascular bed and arterial thrombosis reported
- Heparin inducted thrombocytopenia (HIT) assay
- Heparin Platelet Factor 4 (PF4) enzyme-linked immunosorbent assay (ELISA)
- Functional platelet assays: Serotonin release assay (gold standard)
- Fibrinogen (normal to low)
- D-Dimer (normal to elevated)
Warnings Added

• Clinical considerations updated: Link
• Women less than 50 yrs old, should be aware of the rare risk of blood clots with low platelets after vaccination, and that other COVID-19 vaccines are available where this risk has not been seen
• Based on current data, adverse event occur at a rate of about 7 per 1 million vaccinated women between 18 and 49 years old
• Updated fact sheet for healthcare providers: Link for vaccine providers: Link
FDA Warning added to the EUA

• Rare clotting events have been reported among vaccine recipients
• The EUA fact sheet should be provided to all vaccine recipients and their caregivers (as relevant) before vaccination with any authorized COVID-19 vaccine
• Talking to your patients about the J&J vaccine: Link

4/23/21: FDA has updated EUA Fact Sheets
Clinical Considerations

• Index of suspicion in recently vaccinated patients
• Look at time from vaccination (5-24 days)
• Thrombosis in unusual locations
• Order diagnostics
• Initiate treatment
• Don’t wait for PF-4 ELISA results to initiate treatment
• If within the window post vaccine with DVT or PE but no thrombocytopenia avoid heparin anticoagulants and follow for more severe sequelae
Treatments

**IVIG**
- Decrease platelet activation
- 1-2 grams/kg IV in divided doses
- Give early if recognized
- Used in ITP also
  - Consider while awaiting PF4 ELISA

**Anticoagulation**

**Non-Heparin anticoagulant**
- IV direct thrombin inhibitor (bivalirudin, argatroban)
- Fondaparinux
- Apixaban or rivaroxaban

Treat for 3 months for provoked thrombosis

https://www.hematology.org/covid-19/vaccine-induced-immune-thrombotic-thrombocytopenia
COVID-19 Vaccine and Pregnancy

Pregnancy and Breastfeeding Updates

- V-safe participants 16 to 54 years of age identified as pregnant.
- 3,958 participants enrolled in the v-safe pregnancy registry, 827 had a completed pregnancy, of which 115 (13.9%) resulted in a pregnancy loss and 712 (86.1%) resulted in a live birth (vaccination in the third trimester most commonly)
- Preterm birth (in 9.4%)
- Small size for gestational age (in 3.2%)
- No neonatal deaths were reported.
- Although not directly comparable, calculated proportions of adverse pregnancy and neonatal outcomes in persons vaccinated who had a completed pregnancy were similar to incidences reported in studies involving pregnant women that were conducted before the pandemic
- Among 221 pregnancy-related adverse events reported to the VAERS, the most frequently reported event was spontaneous abortion (46 cases)
- Updated CDC guidance on Pregnancy and Breastfeeding: [Link](#)
Updated Studies

• Updates on vaccine safety [Link]
• Study of pregnant and post partum women in the ICU in Sweden [Link] showing the risk of being admitted to ICU may be higher in pregnant and postpartum women with laboratory-confirmed COVID in Sweden, compared to non-pregnant women of similar age
• Maternal and Neonatal Morbidity and Mortality Among Pregnant Women With and Without COVID-19 Infection [Link]
• Newborns of women with COVID-19 diagnosis had significantly higher severe neonatal morbidity index and severe perinatal morbidity and mortality index compared with newborns of women without COVID-19 diagnosis.
ACOG Updates on COVID Vaccines

- Recommends that pregnant individuals have access to COVID-19 vaccines
- Offered to lactating individuals similar to non-lactating individuals
- Provide access to available information about the safety and efficacy of the vaccine, including information about data that are not available
- **Women under age 50 including pregnant individuals** can receive any FDA-authorized COVID-19 vaccine available to them. However, they should be aware of the rare risk of TTS (thrombosis with thrombocytopenia syndrome) after receipt of the Janssen COVID-19 vaccine and that other FDA-authorized COVID-19 vaccines are available (i.e., mRNA vaccines)

- ACOG link
- CDC links for pregnancy and breastfeeding resources Link
COVID-19 Vaccine and Older Adults
Adults 65 years and older and mRNA vaccines

In a multistate network of U.S. hospitals during January–March 2021, receipt of Pfizer-BioNTech or Moderna COVID-19 vaccines was 94% effective against COVID-19 hospitalization among fully vaccinated adults and 64% effective among partially vaccinated adults aged ≥65 years

Source: Link to MMWR
Vaccine Hesitancy

New Doses Administered Per Day

- New doses reported
- 7-day average

APRIL 28

2.67 million
New York State Updates

• All state-run mass coronavirus vaccination sites in New York will allow anyone 16 or older to walk in without an appointment and get their first dose, beginning on Thursday, 4/29

• Other vaccination sites including “pharmacies and sites run by cities and counties, will have the option to start allowing walk-ins as well”

Link to CDC Science Brief: Link
Resources

• +60 U.S. hospitals team up to promote COVID-19 vaccination in “Get the Vaccine to Save Lives” campaign [Link]
• Immunization action committee swag [Link]
• IAC vaccine confidence videos: [https://www.immunize.org/votw/](https://www.immunize.org/votw/) [Link] to explain covid vaccine mechanism
 [Link] to HCW’s “I am not going to miss my shot”
[Link] for vaccine confidence animation video
• Voices for Vaccines podcast with Chelsea Clinton [Link]

"I Got My COVID-19 Vaccine" Facebook photo frame

• Share your excitement about COVID-19 vaccination and inspire your friends
You can obtain the frame in two ways:
• Click your profile picture, select “update picture,” and then select “add a frame.”
Search for #igotmycovid19vaccine and select it.
• Accept the frame by clicking this link: www.facebook.com/profilepicframes/?selected_overlay_id=2361854253958052
Clinical Consultation from the CDC (CISA COVIDvax)

If you would like to further discuss this clinical situation
Open to U.S.-licensed healthcare providers or health departments in the United States may request a consultation
(1) about an individual patient residing in the United States or vaccine safety issue and
(2) not readily addressed by CDC or Advisory Committee on Immunization Practices (ACIP) guidelines

• This request can be made through CDC-INFO by:
  • Calling 800-CDC-INFO (800-232-4636), or
  • Submitting a request via CDC-INFO webform

• [Link]
COVID Resources and Guidance

- CDC guidance for fully vaccinated individuals: [Link](#)
- CDC indoor and outdoor activity guidance: [Link](#)
- CDC COVID Data Tracker: [Link](#)
- CDC VaccineFinder: [Link](#)
- CDC guidance for pregnancy and breastfeeding [Link](#)
- CDC’s How to talk to friends and family about the vaccine [Link](#)
- YouTube Video on Vaccine Conversations: [https://www.youtube.com/watch?v=1Mf3ZWmK1wM](https://www.youtube.com/watch?v=1Mf3ZWmK1wM)
Resources for National Immunization Week

- CDC’s Immunization Schedules for 2021
- CDC's National Infant Immunization Week gateway page
- CDC's 2021 NIIW Digital Media Toolkit gateway page
- IAC's Parent Handouts gateway page
- IAC’s laminated Child/Adolescent Immunization Schedules (0–18 years) web page
- IAC’s laminated Adult Immunization Schedules (19 and older) web page
- Immunization State Laws and mandates: [Link](#)
Other Updates

Marcus Friedrich, MD, MHCM, FACP
Chief Medical Officer
Office of Quality and Patient Safety
Guidance Updates
NY State will adopt CDC Mask Guidance:
Governor Cuomo announced that New York State will adopt the CDC’s new guidance on mask use for fully vaccinated people.

The guidelines state that **fully vaccinated people**, defined as two or more weeks after receiving the second dose of the Pfizer or Moderna vaccine or the single-dose Johnson & Johnson vaccine, **no longer need to wear masks outdoors, except in certain crowded settings and venues**.

However, masks should still be worn indoors and should still be worn by people who are not fully vaccinated.

Guidance Update

Updated to Health Advisory: Quarantine for Community Persons Exposed to COVID-19, 4/22/21

This update aligns the guidance with changes to the New York State Travel Advisory that went into effect on April 10, 2021 and aligns with CDC requirements and recommendations for domestic and international travel released April 2, 2021.

Fully vaccinated individuals exposed to COVID-19:
• Asymptomatic individuals do not need to quarantine after exposure to COVID-19.
• Fully vaccinated individuals exposed to COVID-19 who are experiencing symptoms consistent with COVID-19 must isolate themselves and should be clinically evaluated for COVID-19 and tested for COVID-19 if indicated.

Guidance Update cont.

Updated to Health Advisory: Quarantine for Community Persons Exposed to COVID-19, 4/22/21

Recently recovered individuals exposed to COVID-19

- Asymptomatic individuals exposed to COVID-19 who have been recently diagnosed with laboratory confirmed COVID-19, and have since recovered, are **not required to retest and quarantine provided the new exposure is within 3 months after the date of symptom onset** initial COVID-19 infection or date of first positive diagnostic test if asymptomatic during illness.

Individuals who are neither fully vaccinated nor recently recovered and are exposed to COVID-19:

- Those individuals are required to quarantine for 10 days after exposure.

Guidance Update cont.

Updated to Health Advisory: Quarantine for Community Persons Exposed to COVID-19, 4/22/21

Irrespective of quarantine status, all individuals exposed to COVID-19 must:

• **Monitor symptoms daily from day of exposure** (or first date of awareness of exposure if there is a delay) through Day 14;
• Continue strict adherence to **all recommended non-pharmaceutical interventions**, including hand hygiene and the use of face coverings, through Day 14 (even if fully vaccinated);
• Immediately self-isolate if any symptoms develop and contact the local public health authority or their health care provider to report this change in clinical status and determine if they should seek testing.

Guidance Update cont.

UPDATE to Interim Health Advisory: Revised Protocols for Personnel in Healthcare and Other Direct Care Settings to Return to Work Following COVID-19 Exposure – Including Quarantine and Furlough Requirements for Different Healthcare Settings, 4/22/21

HCP Return to Work after Exposure to COVID-19:

Asymptomatic Fully Vaccinated HCP
Asymptomatic HCP who have been fully vaccinated against COVID-19 do not need to quarantine or furlough after exposure to COVID-19.

Asymptomatic HCP Recently Recovered from COVID-19
Asymptomatic HCP who have recently recovered do not need to quarantine or furlough after exposure to COVID-19

Asymptomatic HCP Not Fully Vaccinated & Not Recently Recovered from COVID-19
Asymptomatic HCP who have had exposure to a confirmed or suspected case of COVID-19, may return to work after completing a 10-day quarantine without testing if no symptoms have been reported during the quarantine period, provided the following conditions are met:

- HCP must continue daily symptom monitoring through Day 14.
- HCP must be counseled to continue strict adherence to all recommended nonpharmaceutical interventions, including hand hygiene, the use of face masks or other appropriate respiratory protection face coverings, and the use of eye protection.
- HCP working in a nursing home, EALR, or ALP must furlough for 14 days.

Reopening Updates

May 15:
- Casinos and Gaming Facilities Can Increase Capacity from 25% to 50%
- Offices Can Increase Capacity from 50% to 75%
- Gyms/Fitness Centers Outside of New York City Can Increase Capacity from 33% to 50%

May 19:
- Large-Scale Outdoor Event Venues Can Increase Spectator Capacity from 20% to 33%

Social Distancing, Masks, Health Screenings and All Other State Health/Safety Protocols Remain in Effect

Executive Order Directive Updates

The following directive is no longer in effect:

The directive contained in Executive Order 202.88 that required any healthcare facility, provider, or entity who has been allocated and has received COVID-19 vaccine, or who has received redistributed COVID-19 vaccine, **must administer all such vaccine within one week** of its receipt by such facility and provided that failure to administer vaccine in accordance with this process may result in a civil penalty of up to $100,000, and/or reduction or elimination of future allocations of vaccine.

Monoclonal AB Update
Monoclonal Antibody update

• On Friday, April 16, the U.S. Food and Drug Administration (FDA) revoked the emergency use authorization (EUA) for bamlanivimab, when administered alone, to be used for the treatment of mild-to-moderate COVID-19 in adults and certain pediatric patients who are at high risk of disease progression or hospitalization.

• REGEN-COV as well as bamlanivimab and etesevimab (administered together) continue to be available under EUA. There is no shortage of monoclonal antibody product. Sites that are administering monoclonal antibodies can order bamlanivimab and etesevimab, etesevimab to pair with the current supply of bamlanivimab that the site has available or REGEN-COV from the authorized distributer using the direct ordering process.

• Please contact COVID19Therapeutics@hhs.gov with any questions.

Monoclonal Antibody update cont.

- Monoclonal antibody treatments for COVID-19 are no longer being distributed through a state allocation system.

- Therapies are now available through direct ordering only. **All treatment sites meeting EUA requirements must now order COVID-19 monoclonal antibody therapies directly from AmerisourceBergen Corporation (ABC), the drugs’ sole distributor.** The products remain free of charge to requesting sites.

- HHS will continue to monitor all direct orders and retains the capacity to resume allocation of these and future therapies if needed. Treatment sites should review the [direct ordering process guide](#) and place orders directly with ABC at this [site](#)
Clinician Well-being

Louis S. Snitkoff, MD, MACP
Immediate Past-President
American College of Physicians, NY Chapter
How Can We Persevere?

Find ways to combat energy depletion

Find and maintain a sense of meaning in the face of adversity through

• Creativity
• Shared experiences
• Attitude

Source: Christina Shenvi, MD, PhD. KevinMD, April 18, 2021
Resilience vs. Grit

“There has been a lot of talk about ‘resilience’ among health care workers. I am not a fan of this term. Resilience is defined as an ability to recover from or adjust easily to misfortune or change. ‘Grit’ is a better word. Grit is showing up every day, no matter how hard it is, or how tired you are, or how scared you are... Grit is showing compassion when you have nothing left to give.

— Nicole Agee, RN

Source: This is Our Moment, U Magazine, UCLA Health, Winter 2021
“...we may also find meaning in life even when confronted with a hopeless situation. For what then matters is to bear witness to the uniquely human potential at its best...When we are no longer able to change a situation...we are challenged to change ourselves.”

*Man’s Search for Meaning,* Viktor Frankl
Making a Difference

Health care isn’t about us

It’s about our patients

Any time we help make someone’s life better we create ripples

Source: Allan M. Block, MD, Medscape IM, April 22, 2021
Photograph: Lou Snitkoff
One day you will tell your story of how you've overcome what you're going through now, and it will become part of someone else's survival guide. ❤️
Am I OK?
Are you OK?
People don't fake depression... they fake being okay.

Remember that. Be kind.
It’s ok to ask for help
It’s ok to start again
It’s ok to say no
It’s ok to rest
It’s ok to let go
It’s ok not to be ok

Seek help for yourself or a colleague if needed

Source: @MindBodySole (UK)
I.M. Emotional Support Hub

It’s common right now to feel overwhelmed, stressed, or depressed.

Taking care of ourselves and encouraging others to practice self-care sustains our ability to care for those in need.

Protect your health and well-being by connecting with easily-accessible peer support through the Physician Support Line, and affordable, confidential counseling is available through The Emotional PPE Project and The Therapy Aid Coalition.

https://bit.ly/3rTC3w8
Crisis Intervention

1-800-273-TALK (8255)
SuicidePreventionLifeline.org
COVID-19 Resources
COVID-19 Healthcare Provider Compilation

What is the Provider Compilation Document?

• Contains links to the most recently available COVID-19 guidance for healthcare providers

• Includes links and guidance for:
  • Vaccinations, testing, quarantine, infection control and other relevant information for outpatient healthcare providers

• Updated weekly or as new guidance is released
COVID-19 Healthcare Provider Compilation

- Link on NYSDOH web page: [https://coronavirus.health.ny.gov/information-healthcare-providers](https://coronavirus.health.ny.gov/information-healthcare-providers)

For questions, contact covidproviderinfo@health.ny.gov
NYSDOH COVID-19 Healthcare Provider Compilation
As of February 4, 2021, 9:00 AM
The information in this compilation is current only as of the above date and time.

Purpose: The purpose of this publication is to provide healthcare providers in New York State with a consolidated reference document of guidance released by the New York State Department of Health (NYSDOH) related to the COVID-19 pandemic response. This document displays hyperlinks to the current guidance documents. Additional COVID-19 resources may be found on the NYSDOH Information for Healthcare Providers webpage. Recordings of COVID-19 Weekly Healthcare Provider Updates are also available on the NYSDOH webpage.

COVID-19 Vaccine Information for Providers

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Testing and Specimen Collection

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Quarantine, Travel and Exposure

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[Selection of Locations for Individuals with COVID-19 who are High-Risk In Sacred Places](#)
NY State DOH COVID-19 Hotline

Call the Hotline: 1-888-364-3065 or Ask a Question

New Yorkers Can Now Report Vaccine-Related Fraud by Calling 833-VAX-SCAM (833-829-7226) or Emailing STOPVAXFRAUD@health.ny.gov
COVID Alert NY is a voluntary, anonymous, exposure-notification smartphone app. You will get an alert if you were in close contact with someone who tests positive for COVID-19. Knowing about a potential exposure allows you to self-quarantine immediately, get tested and reduce the potential exposure risk to your family, friends, neighbors, co-workers and others. The more people who download COVID Alert NY, the more effective it will be. Help protect your community while maintaining your privacy. The free mobile apps—available to anyone 18 or older who lives, works, or attends college in New York or New Jersey—are available for download from the Google Play Store or Apple App Store. COVID Alert NY is available in English, Spanish, Chinese, Bengali, Korean, Russian and Haitian Creole. Download the free app to your smartphone to receive an alert if you have been in close contact with someone who has tested positive for COVID-19.
Healthcare Provider Well-Being
Healthcare Provider/Physician Wellness

Supporting Healthcare Provider Well-Being in COVID & Beyond

July 9, 2020

Howard Zucker, MD, JD
Commissioner of Health, New York State

https://www.youtube.com/watch?v=B9PRLV-XQE
Mental Health Resources

• NYS Mental Health Helpline
  1-844-863-9314

• The helpline is staffed by specially trained volunteers, including mental health professionals, who have received training in crisis counseling related to mental health consequences of infectious disease outbreaks, typical stress reactions, anxiety management, coping skills, and telephonic counseling.
Healthcare Provider/Physician Wellness

• The state is partnering with the Kate Spade New York Foundation and Crisis Text Line to provide a 24/7 emotional support service for frontline healthcare workers
  
  Text NYFRONTLINE to 741-741 to access these emotional support services

• New York State-regulated health insurers will be required to waive cost-sharing, including deductibles, copayments and coinsurance, for in-network mental health services for frontline essential workers during COVID-19
Mental Health Resources

COVID-19 Resources

The COVID-19 pandemic has left many New Yorkers feeling anxious and stressed.

Learn more about:
- The COVID-19 Vaccine
- Managing anxiety in difficult times
- Coronavirus-related guidance for healthcare providers
- How you can help

VACCINATION INFORMATION

New York State COVID-19 Vaccine webpage
Learn more about the State’s distribution plan and if you’re eligible for the vaccine.

OMH COVID-19 Vaccine Fact Sheet
Get answers to common questions about the COVID-19 Vaccine.

PUBLIC RESOURCES

NY Project Hope Emotional Support Helpline: 1-844-863-8314
New York has a free, confidential helpline as part of the FEMA response to COVID-19. Call 1-844-863-8314 or visit nyprojecthope.org.

Tips for Mental Wellness
How to manage COVID related stress and anxiety

Mental Health in the Next Phase of Coronavirus
A guide of coping tips and resources to help with the ongoing mental health impact of the pandemic.

Mental Health Resources During an Emergency
People often experience anxiety, fear, and helplessness during an emergency. Know the signs and get help.

https://omh.ny.gov/omhweb/covid-19-resources.html
Are you struggling with everyday life stressors?  

MSSNY’s P2P Supporters are here to help

Any physician, resident or medical student who wishes to relate to a peer supporter may contact the Medical Society of the State of New York in the following ways:

- Email: P2P@mssny.org
- Phone 1-844-P2P-PEER (1-844-727-7337)

Support, Empathy & Perspective
CDC COVID-19 Website

Additional COVID-19 Resources
NYS resources

- [https://forward.ny.gov/early-warning-monitoring-dashboard](https://forward.ny.gov/early-warning-monitoring-dashboard)
- Testing/tracing
- New infections/severity based on hospitalization
- Hospital capacity

1/28/21
Helpful Links

- HERO Together: COVID vaccine effects study
- New York State vaccine tracker
- NY Times vaccine tracker
Highlighted CDC resources

• Update to COVID-19 clinical considerations: [www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html](http://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html)

• Nursing Home COVID-19 Data Dashboard: CDC’s National Healthcare Safety Network (NHSN) is supporting the nation’s COVID-19 response by providing a Long-term Care Facilities (LTCFs) COVID-19 Module, [NHSN Nursing Home COVID-19 Data Dashboard](http://www.cdc.gov/nhsn/)

• Estimated Disease Burden of COVID-19: estimates of COVID-19 infections, symptomatic illnesses, and hospitalizations using a statistical model to adjust for cases that national surveillance networks are unable to capture for a number of reasons.

• These estimates and methodology used to calculate them are published in *Clinical Infectious Diseases* and available [online](http://www.cdc.gov). To learn more, please visit: [Estimated COVID-19 Burden](http://www.cdc.gov)
CDC Upcoming Pending Topics

• **2/08/2021**: Tools for Essential Workers

• **2/22/2021**: Finding the Silver Lining: Advancing Smoke-Free Protections During the COVID-19 Pandemic
NYS Medicaid Telehealth Updates and Guidance

NYSDOH COVID-19 Guidance for Medicaid Providers website

- **Webinar**: New York State Medicaid Guidance Regarding Telehealth, Including Telephonic, Services During the COVID-19 Emergency - *5.5.2020*
  - Slides (PDF)
  - Recording *Coming Soon*

- **Frequently Asked Questions (FAQs)** on Medicaid Telehealth Guidance during the Coronavirus Disease 2019 (COVID-19) State of Emergency - *(Web)* - *(PDF)* - *Updated 5.1.2020*
Telehealth Guidance

• American College of Physicians Telehealth Resource:
  www.acponline.org/practice-resources/business-resources/health-information-technology/telehealth

• CDC Outpatient and Ambulatory Care Setting Guidance:

• Medicaid:
  www.health.ny.gov/health_care/medicaid/program/update/2020/
NYSDOH COVID-19 Website

What You Need to Know

- Visit ny.gov/vaccine to get the facts on the COVID-19 Vaccine in New York.
- The COVID-19 Emergency Eviction and Foreclosure Prevention Act places a moratorium on residential evictions until May 1, 2021 for tenants who have endured COVID-related hardship.
- A new Micro-Cluster Strategy is addressing COVID-19 hot spots that have cropped up across the state.
  - Look up an address to see if falls into a Red, Orange, or Yellow Zone
  - See the restrictions that correspond to each color-coded level of cluster zone
- Indoor and outdoor gatherings at private residences are limited to no more than 10 people.
- Read New York’s COVID-19 Winter Plan to mitigate the spread of the virus and bolster New York’s hospital’s preparedness.
- New travel guidelines are in effect that allow out-of-state travelers to “test out” of the mandatory 10-day quarantine.
- To report violations of health and safety restrictions and requirements for businesses, gatherings and individuals, please choose the appropriate link below:
  - File a complaint about a business, location or incident in your community.
  - File a complaint against your employer or place of work.
- Health care workers can text NYFRONLINE to 741-741 to access 24/7 emotional support services. Any New Yorker can call the COVID-19 Emotional Support Hotline at 1-844-863-9314 for mental health counseling.

https://coronavirus.health.ny.gov/home
# NYSDOH COVID-19 Website

### Protecting the Public Health of All New Yorkers

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NYSDOH COVID-19 Testing Website

https://coronavirus.health.ny.gov/covid-19-testing
Mirror Clings

To order mirror clings for public use email the NYSDOH:

bmcc@health.ny.gov
QUESTIONS?

TO NYS HEALTHCARE PROVIDERS

THANK YOU!