An Update for NYS Healthcare Providers on COVID-19

August 13, 2020

Elizabeth Dufort, MD, FAAP
Medical Director, Division of Epidemiology
New York State Department of Health
Agenda

• Global, National, New York State Updates
• Testing
• Travel Advisory
• Community Mitigation and Reopening
• Travel Advisory in Healthcare
• Telehealth
• Preparation for Fall
• Healthcare Provider Wellness
• Resources
• Q & A
• Recordings will be available immediately: [NYSDOH COVID-19 Healthcare Provider website](#)

• In addition to YouTube, an on-demand version of our weekly sessions for healthcare providers in NYS is now available as a podcast – search NYSDOH
Disclaimer

• The situation is rapidly evolving, as is our understanding of this new virus.

• All of the information presented is based on our best knowledge as of today.
## Situation Summary: COVID-19 Global, 8/12/2020


<table>
<thead>
<tr>
<th>Region</th>
<th>Confirmed Cases</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Global</td>
<td>20,162,474</td>
<td>737,417</td>
</tr>
<tr>
<td>Western Pacific</td>
<td>383,739</td>
<td>8,911</td>
</tr>
<tr>
<td>Europe</td>
<td>3,641,603</td>
<td>217,716</td>
</tr>
<tr>
<td>South-East Asia</td>
<td>2,757,822</td>
<td>55,564</td>
</tr>
<tr>
<td>Eastern Mediterranean</td>
<td>1,669,933</td>
<td>44,288</td>
</tr>
<tr>
<td>Africa</td>
<td>909,574</td>
<td>17,198</td>
</tr>
<tr>
<td>Americas</td>
<td>10,799,062</td>
<td>393,727</td>
</tr>
</tbody>
</table>
Situation Summary: COVID-19 Global, 8/12/2020
www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports
Situation Summary: Covid-19 U.S. (August 12, 2020)

NYSDOH COVID-19 Tracker (August 12, 2020)
Found at: [NYSDOH COVID-19 website](https://www.health.ny.gov/disease/communicable_diseases/coronavirus/tracker.cfm)
NYSDOH COVID-19 Tracker (August 12, 2020)

Found at: NYSDOH COVID-19 website
NYS COVID-19 Healthcare Utilization

• Continue to see low rates of COVID associated hospitalization, ICU, and intubation numbers

• Currently hospitalized for COVID-19: 555 (decreased by 3)
  • Newly hospitalized: 86

• Current ICU: 124 (increased by 1)
  • Current Intubation: 56 (decreased by 6, new low since mid-March)

• Cumulative discharges: 73,907

• Fatalities: 10 deaths yesterday
SARS-CoV-2 Testing for COVID-19
COVID-19 Laboratory updates

• Prolonged turn around times for results:
  – Call ahead
  – Consider smaller NYS labs able to do COVID testing that have shorter turnaround times

• Importance of filling out the full information on the laboratory test requisition for contact tracing efforts
  – Full name, DOB, address, phone number

• Reminder COVID rapid antigen tests need to be reported to public health as well!
Contact Tracing Program

Specimen Collection
Healthcare Providers, Testing Sites, etc.

Lab Testing
Laboratories, Point-of-care tests

Lab Reporting
Laboratories report test results to DOH’s

Case Investigation & Contact Tracing
Positive test results and travel forms

Case Investigation
- Outreach to newly identified cases of COVID-19
- Identify contacts of cases
- Isolate and monitor cases
- Provide supports to people in isolation (food, medicine, shelter, etc.)

Contact Tracing
- Outreach to people exposed to COVID-19
- Contacts of cases
- Persons with travel history
- Quarantine and monitor exposed persons
- Provide supports to people in quarantine
- Test individuals (symptomatic and asymptomatic)

Travel Reporting
Domestic Travel: Hard-copy and online travel forms
International Travel: Information from CDC

Testing of individuals exposed to COVID-19
Community Mitigation and Reopening Strategies
NYS Community Mitigation and Reopening Strategy

• Phase 4
  – Capital region, Mohawk Valley, North Country, Central New York, Southern Tier, Finger Lakes, Western NY, Long Island, and the Mid-Hudson Region
  – Higher education, Pre-K to Grade 12 schools, low-risk outdoor and indoor arts & entertainment, media production, professional sports competitions with no fans
  – Malls in phase 4 regions can open if they have advanced HVAC systems
  – NYC (without indoor activity—malls, restaurants, cultural institutions)
  – All 64 SUNY campuses have developed plans to resume on-campus activities and in-person learning for the Fall 2020 semester: SUNY Fall 2020 Reopening Plans
# NYS Early Warning Monitoring Dashboard

## COVID-19 Early Warning Monitoring System Dashboard - STATEWIDE

<table>
<thead>
<tr>
<th>Testing/Tracing Targets</th>
<th>New Infections</th>
<th>Severity of Infection</th>
<th>Hospital Capacity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maintain 30 per 1,000 Diagnostic Tests</td>
<td>Maintain Required Case and Contact Tracing Capacity</td>
<td>% Positive Tests per Day (7-Day Rolling Avg)</td>
<td>New Cases per 100K (7-Day Rolling Avg)</td>
</tr>
<tr>
<td>71,721 / 19,542</td>
<td>9,628</td>
<td>0.9%</td>
<td>3.27</td>
</tr>
</tbody>
</table>

**Select a Region**
- STATEWIDE
- Capital Region
- Central New York
- Finger Lakes
- Long Island
- Mid-Hudson
- Mohawk Valley
- New York City
- North Country
- Southern Tier
- Western New York

**New cases per 100K (7-day Rolling Avg)**

![Graph showing new cases per 100K (7-day Rolling Avg)](image)

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**Data as of:** August 11, 2020

**Last updated on:** August 12, 2020
Daily Hospitalization Summary by Region

NYS Daily Hospitalization Summary by Region
NYS Travel Advisory

- Travel advisory for individuals traveling from states with significant community spread of COVID-19, requiring a 14-day quarantine
- [NYSDOH COVID-19 Travel Advisory Website](#) maintains a current list of states meeting the criteria for the required quarantine
- **This week:**
  - Added to the list: *Hawaii, South Dakota and Virgin Islands*
  - Removed from List: *Alaska, New Mexico, Ohio, Rhode Island*
- This is based upon a seven day rolling average, of positive tests in excess of 10%, or number of positive cases exceeding 10 per 100,000 residents
- A NYSDOH emergency health order mandating out-of-state travelers from designated states to complete NYSDOH traveler form
  - Enforcement and fines
- [NYSDOH Traveler Health Form](#)
NYS School Pre-K – Grade 12 Reopening

• Based on each region's infection rate, schools across NYS are permitted to open this fall

• Each school district must have a testing and tracing plan and will decide if an in-person v. hybrid model works best for them while following NYSDOH Interim COVID Guidance for Pre-K to Grade 12 Schools

• School districts must post their remote learning plans, as well as plans for testing and tracing students and staff, on their websites

• School districts must set dates for 3-5 discussion sessions with parents and the community, to be held by August 21, and at least one separate discussion session for teachers specifically

• In-person vs partial reopening to be determined locally by each individual school district
COVID Vaccine Update
COVID-19 Vaccine Update

- 140 candidates in preclinical evaluation
- 23 candidates in clinical evaluation
- Of the candidates undergoing clinical trials:
  - 10 candidates undergoing only Phase 1 trials
  - **8 candidates undergoing combined Phase 1/2 trials**
  - 2 candidates are in Phase 1 trials and Phase 2 trials separately
  - **3 candidates are undergoing Phase 3 trials:**
    - An inactivated candidate by Sinovac
    - A non-replicating viral vector candidate by University of Oxford and AstraZeneca (a weakened non-human adenovirus)
      - Phase II currently enrolled in U.K., Phase III starting
    - An RNA candidate by Moderna and the National Institute of Allergy and Infectious Diseases
      - Phase I completed, Phase II fully enrolled, Phase III started
COVID-19 Vaccine Update

- A Phase I/2 clinical trial of a messenger RNA vaccine encoding the spike protein, was published in Nature this week
- The vaccine candidate by Pfizer and BioNTech (a German Bio-pharmaceutical company)
- The vaccine produced a robust immune response and was tolerable in 45 healthy volunteers (ages 18-55 years)
- 2 doses, separated by 21 days
- These results support further evaluation of this mRNA vaccine candidate
- New York University
COVID-19 Vaccine Update

COVID-19 Prevention Network website
COVID Pediatric Update
Pediatric COVID Update


• Emerging Infections Program (EIP) including NYS, 15 Upstate NY counties
• 576 children hospitalized and reported in COVID-NET
• While the cumulative rate of COVID-19-associated hospitalization among children is relatively low (8 per 100,000 population) compared with adults (165 per 100,000 population)
• Importantly, 1 in 3 hospitalized children had severe illness that required intensive care unit admission
• Significant race and ethnicity disparities were found in this evaluation: 46% were Hispanic; 30% were Black; 13% non-Hispanic White, with rates of hospitalization in Hispanic and Black children nearly eight and five times, respectively, the rate among white children
• Case fatality rates remain low in children (among 208 children with disposition available, one child with multiple underlying medical conditions died during hospitalization)
• Children are at risk for severe COVID-19 and reinforcement of prevention efforts is essential in congregate settings that serve children, including childcare centers and schools
Pediatric COVID Update – MIS-C

COVID-19–Associated Multisystem Inflammatory Syndrome in Children — United States, March–July 2020

• Most cases of MIS-C have features of shock, with cardiac involvement, gastrointestinal symptoms, and significantly elevated markers of inflammation, with positive laboratory test results for SARS-CoV-2
• Approximately 2–4 weeks after the onset of COVID-19
• Distinguishing MIS-C from other severe infectious or inflammatory conditions poses a challenge to clinicians caring for children and adolescents
  – A total of 570 U.S. MIS-C patients who met the case definition reported to CDC
  – A total of 203 (36%) of the patients had a clinical course consistent with previously published MIS-C reports, characterized predominantly by shock, cardiac dysfunction, abdominal pain, and markedly elevated inflammatory markers, and almost all had positive SARS-CoV-2 test results
  – Remaining 367 (64%) MIS-C patients had manifestations that appeared to overlap with acute COVID-19, had a less severe clinical course, or had features of Kawasaki disease
Marcus Friedrich, MD, MHCM, MBA, FACP
Chief Medical Officer, Office of Quality and Patient Safety
NYSDOH
COVID-19 Healthcare Capacity and Response

- Travel Advisory in Healthcare
- Telehealth
- Preparation for the Fall
Quick Tips for Clinician Wellbeing in The Era of COVID-19

August 12, 2020

Louis S. Snitkoff, MD, FACP
Immediate Past-President
American College of Physicians, NY Chapter
COVID-19
Resources
NYSDOH Supporting Well-Being in COVID & Beyond

Kerri Palamara, MD

Archived webinar:

NYSDOH Supporting HCP Well-Being in COVID & Beyond webinar
NYSDOH Supporting HCP Well-Being in COVID & Beyond SlideSet
Are you struggling with everyday life stressors?
**MSSNY’s P2P Supporters are here to help**

Any physician, resident or medical student who wishes to relate to a peer supporter may contact the Medical Society of the State of New York in the following ways:

- **Email:** P2P@mssny.org
- **Phone** 1-844-P2P-PEER (1-844-727-7337)

*Support, Empathy & Perspective*
Healthcare Provider/Physician Wellness

• The state is partnering with the Kate Spade New York Foundation and Crisis Text Line to provide a 24/7 emotional support service for frontline healthcare workers

  Text NYFRONTLINE to 741-741 to access these emotional support services

• New York State-regulated health insurers will be required to waive cost-sharing, including deductibles, copayments and coinsurance, for in-network mental health services for frontline essential workers during COVID-19
Mental Health Resources

• **NYS Mental Health Helpline**
  1-844-863-9314

• The helpline is staffed by specially trained volunteers, including mental health professionals, who have received training in crisis counseling related to mental health consequences of infectious disease outbreaks, typical stress reactions, anxiety management, coping skills, and telephonic counseling.
<table>
<thead>
<tr>
<th>MSSNY</th>
<th>AAFP</th>
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<tbody>
<tr>
<td>ACP</td>
<td>AAP</td>
</tr>
<tr>
<td>NAM</td>
<td>AHRQ well-being AHRQ burnout</td>
</tr>
<tr>
<td>AMA</td>
<td>NIH</td>
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<tr>
<td>IHI</td>
<td>Stanford</td>
</tr>
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</table>
Coronavirus Disease 2019 (COVID-19) — Information for Providers

Daily Syndromic and Case Data Update

The following documents provide information about people confirmed to have COVID-19 in NYC. They will be updated each weekday morning.

The total number of positive cases in the city are updated continuously. This update reflects data as of the previous day at 6 p.m. Due to public health guidance that people with mild illness stay home and not get tested, these data may not reflect the true number of positive COVID-19 cases in NYC and may overrepresent the volume of hospitalized cases.

As of March 18, 6 p.m.:
- COVID-19 Daily Case Data Summary (PDF)
- NYC Flu-like Illness Data 2016-Current (PDF)
• For everyone
• For individuals receiving mental health services
• For parents
• For caregivers of older adults
• For mental health providers
NYS Medicaid Telehealth Updates and Guidance

NYSDOH COVID-19 Guidance for Medicaid Providers website

- **Webinar**: New York State Medicaid Guidance Regarding Telehealth, Including Telephonic, Services During the COVID-19 Emergency - **5.5.2020**
  - Slides (PDF)
  - Recording *Coming Soon*

- **Frequently Asked Questions (FAQs)** on Medicaid Telehealth Guidance during the Coronavirus Disease 2019 (COVID-19) State of Emergency - (Web) - (PDF) - *Updated 5.1.2020*
Telehealth Guidance

- American College of Physicians Telehealth Resource:
  www.acponline.org/practice-resources/business-resources/health-information-technology/telehealth

- CDC Outpatient and Ambulatory Care Setting Guidance:

- Medicaid:
  www.health.ny.gov/health_care/medicaid/program/update/2020/
NYSDOH COVID-19 Website

Have a Question? Call the Novel Coronavirus Hotline 24/7 at 1-888-364-3065
Information for Providers

Novel Coronavirus (COVID-19)

Protect Yourself and Your Family

Stay home and keep a safe distance from others. It's the only way to help slow the spread of Coronavirus.
PROTECTING THE PUBLIC HEALTH OF ALL NEW YORKERS

- Mandatory and Precautionary Quarantine
- Mass Gatherings
- Healthcare Providers
- Nursing Homes
- Schools
- Childcare Providers
- Employees & Employers
- Insurance
- Voting
- International Travel
- Cyber Security
- Price Gouging
Symptoms

The 2019 novel coronavirus may cause mild to severe respiratory symptoms.

COVID-19 Testing

Learn more about testing protocol now that the FDA has approved New York to begin its own testing.

Know Your Rights

The health and safety of New Yorkers is the top priority, co-pays for telehealth visits have been waived.

OVERVIEW

MOBILE TESTING

PROTOCOL FOR TESTING

TESTING

INSURANCE

UNEMPLOYMENT

WHAT TO LOOK FOR

LEARN MORE
NYS Specimen Collection Sites - COVID-19 Testing

- **NYSDOH Find Test Site Near You Website**
  - NYS specimen collection sites, healthcare settings, pharmacies, and other
  - More than 800 specimen collection or testing sites have been identified

- For the NYS specimen collection sites:
  - Call the New York State COVID-19 Hotline at 1-888-364-3065
  - OR
  - Visit the NYSDOH website [www.covid19screening.health.ny.gov](http://www.covid19screening.health.ny.gov) to be screened for eligibility, and if eligible, have an appointment set up at one of the State’s testing sites
NYSDOH COVID-19 Website
HCP Compilation

For questions, contact covidproviderinfo@health.ny.gov

NYSDOH COVID-19 Weekly HCP Update Compilation
Mirror Clings

To order mirror clings for public use email the NYSDOH:

bmcc@health.ny.gov
Mirror Clings

To order mirror clings for public use email the NYSDOH:

bmcc@health.ny.gov
Face Masks and Coverings for COVID-19

- You must wear a face mask or face covering in public when social distancing (standing at least 6 feet apart) is not possible, unless a face covering is not medically tolerated. This includes on public transport, in stores, and on crowded sidewalks.
- Children over 2 years of age should wear a face mask in public, too. Children under 2 years of age should NOT wear a face covering for safety reasons.
- Cloth face coverings should be made from fabric you can’t see through when held up to the light. They must be cleaned before reusing.
- Disposable paper face masks should be used for one outing outside the home. They cannot be properly cleaned.
- The best way to prevent COVID-19 is to continue social distancing (standing at least 6 feet away from others), even when wearing a face covering.

Putting On Face Covering
- DO clean your hands with soap and water or if that’s not available, alcohol-based hand sanitizer, before putting on your face covering.
- Make sure the face covering covers both your nose and mouth.
- DON’T wear your mask hanging under your nose or mouth or around your neck. You won’t get the protection you need.
- DON’T wear the face covering on top of your head, or take it off and on repeatedly. Once it is in place, leave the covering in place until you are no longer in public.

Taking Off Face Covering
- DO clean your hands with soap and water or if that’s not available, alcohol-based hand sanitizer, before taking off your face covering.
- Remove your mask only touching the straps.
- Discard the face covering if it is disposable. If you are reusing cloth masks, put it in a paper bag or plastic bag for later.
- Wash your hands again.
- When cleaning a cloth face covering, DO put it in the washer (preferably on the hot water setting).
- Dry in dryer at high heat. When it is clean and dry, place it in a clean paper or plastic bag for later use. If you live in a household with many people, you might want to label the bags with names so the face coverings are not mixed up.
ATTENTION ALL PATIENTS

STOP

If you have:
- fever
- cough
- trouble breathing

Call this number __________________.,
Tell them your symptoms.
Ask where you should go and what you should do.
Put on a mask before going inside.

ATTENTION ALL VISITORS

STOP

NO VISITORS ARE ALLOWED AT THIS TIME

If you feel there is an urgent need for visitation, please contact __________________.

DO NOT VISIT

NEW YORK STATE Department of Health
COVID-19 Symptom Check

I am deaf or hard of hearing. I am using this card to communicate. I may need a certified sign language interpreter, captioning or other ways to communicate. I have circled the best ways to communicate with you.

Quick Communication
Some questions may be answered by pointing to yes, no, don’t know.

THIS IS MY LEVEL OF PAIN:

- No Pain
- Mild Pain
- Moderate Pain
- Severe Pain
- Very Severe Pain
- Worst Possible Pain

THESE ARE MY SYMPTOMS:
- Fever
- Cough
- Shortness of Breath
- Sore Throat
- Lost Sense of Taste/Smell
- Muscle Aches
- Chills
- Headache

OTHER SYMPTOMS I HAVE:

I HAVE HAD SYMPTOMS THIS MANY DAYS:

1 2 3 4 5 6 7 8 9 10 11 12 13 14

I HAVE HAD CLOSE CONTACT WITH SOMEONE (within 6 feet) WHO HAS COVID-19:

- Yes
- No
- Unsure
COVID-19 Testing
Next Steps

You are being tested for a virus that causes COVID-19. If you have symptoms of the disease, or if you have been in contact with someone who is infected, you will be asked to stay apart from others. This is also called isolation or quarantine. COVID-19 spreads easily. Staying apart helps stop the disease from spreading.

Symptoms Include:
- Fever, cough, difficulty breathing
- Other symptoms may include: Chills, muscle aches, headache, sore throat, abdominal pain, vomiting, diarrhea, runny nose, fatigue, wheezing, or new loss of taste or smell.

If You Are an Essential Worker:
- You can ONLY return to work while you wait for your test results if:
  - You have your employer's permission to do so.
  - You DO NOT have symptoms.
  - And you have NOT had contact with a person known to have COVID-19.
- In addition, you must continue to:
  - Practice social distancing (stay more than 6 feet from others).
  - Use appropriate personal protective equipment (PPE).
  - Wear a mask when less than 6 feet away from others in public.
  - Take your temperature and monitor your symptoms daily.

You Should Be Isolated If:
- You have symptoms and think you may have been infected with the virus.

You Should Be Quarantined If:
- You have been in close contact with someone known to have COVID-19, even if you don’t have symptoms. Close contact means sharing the same household, direct physical contact, or being within six feet for more than 10 minutes.

Stay apart now. Be together later.

www.coronavirus.health.ny.gov

NYSDOH COVID-19 Testing Next Steps
Available in Spanish
### Contact Tracing Tool

**For People Being Tested for COVID-19**

If you test positive for COVID-19, you will get a call from a public health representative to identify any contacts you have had. This form can help you identify your contacts so you will be ready for the call.

#### Step 1

**Identify date of first symptoms**
- If you have had symptoms, put the date you first felt sick OR if you have had no symptoms then put your date of testing.

**Subtract 2 days**

_Your Contact Tracing date_

#### Step 2

**Who has been in your house with you since your contact tracing date?**
- Include people who live in your home, and people who may have visited like friends, a babysitter or anyone else providing in-home services.

<table>
<thead>
<tr>
<th>Name of Person</th>
<th>Date Last in Home</th>
<th>Their Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
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<tr>
<td>2</td>
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<td>4</td>
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<tr>
<td>5</td>
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</tr>
</tbody>
</table>

#### Step 3

Make a list of what you did each day since your contact tracing date with as much detail as possible. Include things like hanging out with neighbors, going to work, running errands, appointments, social or recreational activities outside the house, and if you used public transportation to get there. Use another piece of paper if needed.

<table>
<thead>
<tr>
<th>Day One:</th>
<th>People you were with</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity</td>
<td>Location</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day Two:</th>
<th>People you were with</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity</td>
<td>Location</td>
</tr>
<tr>
<td>1</td>
<td></td>
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<td>2</td>
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<tr>
<td>3</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Day Three:</th>
<th>People you were with</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity</td>
<td>Location</td>
</tr>
<tr>
<td>1</td>
<td></td>
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<td>2</td>
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<td>3</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Day Four:</th>
<th>People you were with</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity</td>
<td>Location</td>
</tr>
<tr>
<td>1</td>
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</tbody>
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To order materials from NYSDOH:

bmcc@health.ny.gov

Available in Spanish

NYSDOH Contact Tracing Tool
For Their Contacts

To order materials from NYSDOH:
bmcc@health.ny.gov

NYS Contact Tracing Answer the Phone
NYSDOH COVID-19 Testing Resources

NYSDOH SARS-CoV-2 Diagnostic Testing

NYSDOH Health Advisory on COVID-19 Serologic Assays
• New Yorkers without health insurance can apply through NY State of Health through **August 15th, 2020**

• Must apply within 60 days of losing coverage
Questions or Concerns

• Call the local health department [www.health.ny.gov/contact/contact_information/](http://www.health.ny.gov/contact/contact_information/)

• In New York City: Notify the NYC DOHMH provider access line (PAL)
  – 1-866-NYC-DOH1 or 1-866-692-3641 (works 24 hours/day x 7 days/week)

• Providers who are unable to reach the LHD can contact the NYSDOH Bureau of Communicable Disease Control at [518-473-4439](tel:518-473-4439) during business hours or the NYSDOH Public Health Duty Officer at [1-866-881-2809](tel:1-866-881-2809) evenings, weekends, and holidays
QUESTIONS?
TO NYS’ HEALTHCARE PROVIDERS

THANK YOU!