An Update for NYS Healthcare Providers on COVID-19

July 30, 2020

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Medical Director, Division of Epidemiology
New York State Department of Health
Agenda

• Global, National, New York State Updates
• Testing Updates
• Travel Advisory
• Community Mitigation and Reopening
• Vaccines (COVID vaccine and ACIP/School updates)
• Travel Advisory in Healthcare
• Telehealth
• Preparation for Fall
• Healthcare Provider Wellness
• Resources
• Pre-planned Q & A: Chat box not feasible with level of attendance
• Recordings will be available immediately: NYSDOH COVID-19 Healthcare Provider website

• In addition to YouTube, an on-demand version of our weekly sessions for healthcare providers in NYS is now available as a podcast – search NYSDOH
Disclaimer

• The situation is rapidly evolving, as is our understanding of this new virus.

• All of the information presented is based on our best knowledge as of today.
### Situation Summary: COVID-19 Global, 7/29/2020


<table>
<thead>
<tr>
<th>Region</th>
<th>Confirmed Cases</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Global</td>
<td>16,558,289</td>
<td>656,093</td>
</tr>
<tr>
<td>Western Pacific</td>
<td>295,613</td>
<td>8,262</td>
</tr>
<tr>
<td>Europe</td>
<td>3,283,277</td>
<td>211,616</td>
</tr>
<tr>
<td>South-East Asia</td>
<td>1,892,056</td>
<td>42,233</td>
</tr>
<tr>
<td>Eastern Mediterranean</td>
<td>1,507,734</td>
<td>38,815</td>
</tr>
<tr>
<td>Africa</td>
<td>738,344</td>
<td>12,519</td>
</tr>
<tr>
<td>Americas</td>
<td>8,840,524</td>
<td>342,635</td>
</tr>
</tbody>
</table>
CDC COVID Data Tracker – Last 7 Days (July 29, 2020)
Situation Summary: Covid-19 U.S. (July 29, 2020)

NYSDOH COVID-19 Tracker (July 29, 2020)

Statewide

Total Persons Tested: 5,746,822

Total Tested 7/28: 62,276

Total Tested Positive: 413,593

Sex Distribution of Positive Cases:
- Female: 48.8%
- Male: 50.5%
- Unknown: 0.7%

New Positives 7/28: 715

County Stats: None
NYS COVID-19 Healthcare Utilization

- Continue to see low rates of COVID associated hospitalization, ICU, and intubation numbers

- Currently hospitalized for COVID-19: 586 (*decreased by 33*)
  - Newly hospitalized: 53

- Current ICU: 142 (*decreased by 12*)
  - Current Intubation: 72 (*decreased by 4*)

- Cumulative discharges: 72,973
SARS-CoV-2 Testing for COVID-19
COVID-19 Laboratory updates

• Prolonged turn around times for results:
  – Call ahead
  – Consider smaller NYS labs able to do COVID testing that have shorter turnaround times

• Importance of filling out the full information on the laboratory test requisition for contact tracing efforts
  – Full name, DOB, address, phone number
NYS Contact Tracing Program
Workforce Capacity and Training

NYS has established a robust contact tracing work force of 2,000 individuals using contract, state and LHD staff

- Contact Tracers
- Team Supervisors
- Community Support Specialists

July 2020
Contact Tracing Program

Specimen Collection
Healthcare Providers, Testing Sites, etc.

Lab Testing
Laboratories, Point-of-care tests

Lab Reporting
Laboratories report test results to DOH’s

Case Investigation & Contact Tracing
Positive test results and travel forms

Travel Reporting
Domestic Travel: Hard-copy and online travel forms
International Travel: Information from CDC

Case Investigation
• Outreach to newly identified cases of COVID-19
• Identify contacts of cases
• Isolate and monitor cases
• Provide supports to people in isolation (food, medicine, shelter, etc.)

Contact Tracing
• Outreach to people exposed to COVID-19
• Contacts of cases
• Persons with travel history
• Quarantine and monitor exposed persons
• Provide supports to people in quarantine
• Test individuals (symptomatic and asymptomatic)

Testing of individuals exposed to COVID-19
Communication and Outreach

New York State has implemented a public educational and outreach campaign to educate NYS residents about contact tracing and to encourage individuals to follow public health guidance.

Please Answer the Phone social media campaign and flyer

Contact Tracing Tool for providers and testing sites to distribute to individuals being tested for COVID-19. The tool instructs the individual to identify close contacts and activities which can be then used for contact tracing if the individual tests positive.
Communications and Outreach

You’re a part of the solution... now answer the phone!

✓ You’ve stayed home!
✓ You’re wearing masks!
✓ Now, answer the phone!

As we battle coronavirus together, tracing exposures to COVID-19 is important to stop the spread.

The NYS Contact Tracing Program works with confirmed positive COVID-19 people to determine who they have been in contact with. Trained specialists reach out to those contacts about possible exposure. If you have been identified as a contact you will get a call from “NYS Contact Tracing” (518-387-9993).

Because the disease can be transmitted without symptoms, notifying people about a possible exposure is critical to stop the spread.

So, if you get a call from “NYS Contact Tracing” (518-387-9993) please answer. It is confidential and private.

Please Answer the Phone so we can keep NY moving forward and stop the spread of COVID-19.

health.ny.gov/coronavirus

Contact Tracing Tool for People Being Tested for COVID-19

If you test positive for COVID-19, you will get a call from a public health representative to identify any contacts you have had. This form can help you identify your contacts so you will be ready for the call.

**Contact Tracing Date**

**SUBTRACT 2 DAYS:**

**CONTACT TRACING DATE**

**Who has been in your house with you since your contact tracing date?**

Include people who live in your home, and people who may have visited like friends, a babysitter or anyone else providing home services.

<table>
<thead>
<tr>
<th>Name of Person</th>
<th>Date Last in Home</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Smith</td>
<td>3/15/20</td>
<td>555-1234</td>
</tr>
<tr>
<td>Jane Doe</td>
<td>3/16/20</td>
<td>666-5432</td>
</tr>
<tr>
<td>Bob Brown</td>
<td>3/17/20</td>
<td>777-9876</td>
</tr>
</tbody>
</table>

**What did you do each day since your contact tracing date?**

Include things like hanging out with neighbors, going to work, going to school, appointments, social or recreational activities outside the home, and if you used public transportation to get there. Use another piece of paper if needed.

**Day One:**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Work</td>
<td>Home</td>
<td>John</td>
<td>Street 1</td>
<td>123-4567</td>
</tr>
<tr>
<td>School</td>
<td>Office</td>
<td>Jane</td>
<td>Avenue 2</td>
<td>890-1234</td>
</tr>
</tbody>
</table>

**Day Two:**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shopping</td>
<td>Mall</td>
<td>Bob</td>
<td>Blvd 3</td>
<td>789-0123</td>
</tr>
<tr>
<td>Dining</td>
<td>Restaurant</td>
<td>Sue</td>
<td>tweety ave 4</td>
<td>234-5678</td>
</tr>
</tbody>
</table>

**Day Three:**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exercise</td>
<td>Park</td>
<td>Mike</td>
<td>Bway 5</td>
<td>345-6789</td>
</tr>
<tr>
<td>Relaxing</td>
<td>Beach</td>
<td>Mary</td>
<td>Ocean Dr 6</td>
<td>987-0123</td>
</tr>
</tbody>
</table>

**Day Four:**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grocery</td>
<td>Store</td>
<td>Tom</td>
<td>Main St 7</td>
<td>456-7890</td>
</tr>
<tr>
<td>Travel</td>
<td>Train</td>
<td>Amy</td>
<td>Station 8</td>
<td>098-1234</td>
</tr>
</tbody>
</table>
Community Mitigation and Reopening Strategies
NYS Community Mitigation and Reopening Strategy

- **Phase 4**
  - Capital region, Mohawk Valley, North Country, Central New York, Southern Tier, Finger Lakes, Western NY, Long Island, and the Mid-Hudson Region
  - Higher education, Pre-K to Grade 12 schools, low-risk outdoor and indoor arts & entertainment, media production, professional sports competitions with no fans
  - Malls in phase 4 regions can open if they have advanced HVAC systems
  - **NYC** (*without indoor activity-malls, restaurants, cultural institutions*)
Percentage Positive Results by Region Dashboard

% Positive Results Over Time - All Regions

Test Results - Yesterday

<table>
<thead>
<tr>
<th>Region</th>
<th>Total Persons Tested</th>
<th>Total Tested Positive</th>
<th>% Positive Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Capital Region</td>
<td>2,761</td>
<td>58</td>
<td>2.1%</td>
</tr>
<tr>
<td>Central New York</td>
<td>2,282</td>
<td>26</td>
<td>1.1%</td>
</tr>
<tr>
<td>Finger Lakes</td>
<td>4,623</td>
<td>27</td>
<td>0.6%</td>
</tr>
<tr>
<td>Long Island</td>
<td>11,978</td>
<td>144</td>
<td>1.2%</td>
</tr>
<tr>
<td>Mid-Hudson</td>
<td>10,867</td>
<td>142</td>
<td>1.3%</td>
</tr>
<tr>
<td>Mohawk Valley</td>
<td>1,822</td>
<td>17</td>
<td>0.9%</td>
</tr>
<tr>
<td>New York City</td>
<td>29,897</td>
<td>312</td>
<td>1.0%</td>
</tr>
<tr>
<td>North Country</td>
<td>1,131</td>
<td>3</td>
<td>0.3%</td>
</tr>
<tr>
<td>Southern Tier</td>
<td>2,729</td>
<td>19</td>
<td>0.7%</td>
</tr>
</tbody>
</table>

NYS Percentage Positive Results by Region Dashboard
### COVID-19 Early Warning Monitoring System Dashboard - STATEWIDE

<table>
<thead>
<tr>
<th>Testing/Tracing Targets</th>
<th>New Infections</th>
<th>Severity of Infection</th>
<th>Hospital Capacity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maintain 30 per 1,000 Diagnostic Tests</td>
<td>Maintain Required Case and Contact Tracing Capacity</td>
<td>% Positive Tests per Day (7-Day Rolling Avg)</td>
<td>New Cases per 100K (7-Day Rolling Avg)</td>
</tr>
<tr>
<td>64,576 / 19,542</td>
<td>9,628</td>
<td>1.0%</td>
<td>3.42</td>
</tr>
</tbody>
</table>

#### New cases per 100K (7-Day Rolling Avg)

![Graph showing new cases per 100K (7-Day Rolling Avg)](image-url)
Daily Hospitalization Summary by Region

All Regions

Select a Region
- (All)
- Capital Region
- Central New York
- Finger Lakes
- Long Island
- Mid-Hudson
- Mohawk Valley
- New York City
- North Country
- Southern Tier
- Western New York

Data as of: 7/25/2020
Last updated: 7/30/2020

NYS Daily Hospitalization Summary by Region
NYS Travel Advisory

• In partnership with NJ and CT, NYS has issued a travel advisory for individuals traveling from states with significant community spread of COVID-19, requiring a 14-day quarantine (issued June 25, 2020)

• NYSDOH COVID-19 Travel Advisory Website maintains a current list of states meeting the criteria for the required quarantine

• Current list (34 states, District of Columbia, Puerto Rico):
  – Alabama, Alaska, Arizona, Arkansas, California, Delaware, District of Columbia, Florida, Georgia, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maryland, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Mexico, North Carolina, North Dakota, Ohio, Oklahoma, Puerto Rico, South Carolina, Tennessee, Texas, Utah, Virginia, Washington, Wisconsin

• This is based upon a seven day rolling average, of positive tests in excess of 10%, or number of positive cases exceeding 10 per 100,000 residents.
NYS Travel Advisory - FAQs

• The requirements of the travel advisory do NOT apply to any individual passing through designated states for a limited duration (i.e., less than 24 hours) through the course of travel (stopping at rest stops for vehicles, buses, or trains or lay-overs for air travel, bus travel, or train travel)

• Exceptions for essential workers

• Beginning July 14th, enforcement teams stationed at Port Authority and regional airports to request proof of completion of the NYS Traveler Form

• A NYSDOH emergency health order mandating out-of-state travelers from designated states to complete NYSDOH traveler form
  – Enforcement and fines

• [NYSDOH Traveler Health Form](#)

NYSDOH COVID-19 Travel Advisory Guidance
COVID Vaccine Update
COVID-19 Vaccine Update

• 140 candidates in preclinical evaluation
• 23 candidates in clinical evaluation
• Of the candidates undergoing clinical trials:
  – 10 candidates undergoing only Phase 1 trials
  – 8 candidates undergoing combined Phase 1/2 trials
  – 2 candidates are in Phase 1 trials and Phase 2 trials separately
  – 3 candidates are undergoing Phase 3 trials:
    • An inactivated candidate by Sinovac
    • A non-replicating viral vector candidate by University of Oxford and AstraZeneca (a weakened non-human adenovirus)
      – Phase II currently enrolled in U.K., Phase III to start next month
    • An RNA candidate by Moderna and the National Institute of Allergy and Infectious Diseases
      – Phase I completed, Phase II fully enrolled, Phase III started

Johns Hopkins Center for Health Security COVID-19 website
COVID-19 Vaccine Update

- mRNA candidate by Moderna and NIAID
- Phase 1 dose-escalation open-label trial
- 45 healthy adults (18-55 years of age), received 2 vaccinations, 28 days apart
- After the 2nd vaccination, serum-neutralizing activity was detected by 2 methods in all participants evaluated, with values similar to control convalescent serum specimens
- The mRNA-1273 vaccine induced anti–SARS-CoV-2 immune responses in all participants, and no trial-limiting safety concerns were identified
- These findings support further development of this vaccine
- Still need data on whether the neutralizing antibody titers will predict efficacy
  - Need a large clinical efficacy study
- Authors report a planned phase 3 trial of this mRNA SARS-CoV-2 vaccine is imminent
COVID-19 Vaccine Update

- Rhesus macaque, nonhuman primates, received low or high dose of mRNA-1273, a vaccine encoding the spike protein of SARS-CoV-2, or no vaccine, at week 0 and week 4
- Induced antibody levels and neutralizing activity (exceeding those in human convalescent-phase serum) and type 1 helper T-cell (Th1) CD4 T-cell responses and low or undetectable Th2 or CD8 T-cell responses
COVID-19 Vaccine Update

- At week 8, challenged with SARS-CoV-2, intratracheal and intranasal.
- Two days after challenge, only one of eight animals in each of the vaccine dose groups had detectable subgenomic RNA in BAL fluid, as compared with eight of eight animals in the control group.
- By day 2, none of the eight animals in the 100-μg dose group had detectable RNA detected in nasal swab specimens, as compared with five of eight animals in the 10-μg dose group, and six of eight animals in the control group.
- On day 4, two of eight animals in the 10-μg dose group and one of eight animals in the 100-μg dose group had low levels of RNA detected in the nose.
- The peak levels of RNA over days 2 through 7 were significantly lower in both the 100-μg dose group and the 10-μg dose group than in the control group.
COVID-19 Vaccine Update

COVID-19 Prevention Network website
Elizabeth Rausch-Phung, MD, MPH
Director, Bureau of Immunization
NYSDOH
Overview of NYS School Immunization Requirements
Governor Andrew M. Cuomo signed legislation removing non-medical (Religious) exemptions from school vaccination requirements for children on June 13, 2019
What schools are affected?

- PHL Section 2164 applies to public, private and parochial
  - Schools
  - Child day cares
  - Nursery schools
  - Prekindergarten programs
- Does not apply to colleges, universities and other post-secondary schools
  - Governed by PHL Section 2165
Requirements for School Admission

• Certificate of immunization documenting the student is completely immunized or has other acceptable evidence of immunity

• Documentation that the student is in process of receiving required immunizations

• Medical exemption
Other Acceptable Evidence of Immunity

• Serologic evidence of immunity
  o Accepted for measles, mumps, rubella, varicella, hepatitis B
  o Accepted for polio only if test performed prior to September 1, 2019 and positive for each of the 3 polio serotypes
  o Equivocal results not acceptable proof of immunity

• Laboratory confirmation of infection
  o Accepted for measles, mumps, rubella, varicella

• Diagnosis of disease
  o Only allowed for varicella
  o Must be documented by a physician, nurse practitioner or physician assistant
In Process

• **Definition**: received at least first dose of each immunization series and has age appropriate appointments to complete the immunization series

• ACIP catch-up schedule used to determine appropriate spacing of appointments
  o Must receive the subsequent dose of each vaccine within 14 days after the minimum interval
  o Alternative vaccine schedules not acceptable
In Process (cont.)

• 14 days allowed for results of serologic testing
  o If results are negative or equivocal, appointment dates for vaccination must be provided within 30 days from the notification of negative or equivocal serology results
• School may not refuse admission to a child who meets the definition of “in process” to complete the required immunizations
Medical Exemption Requirements

• Reissued annually
• Completed and signed by a physician licensed to practice in NYS
• Sufficient information to identify medical contraindication to specific immunization
• Specify length of time immunization contraindicated
Exclusion

- Principal or person in charge of school shall not permit students to attend for more than 14 days without being in compliance with PHL.

  - 14 days may be extended to 30 days for students from out of state or country if a good faith effort shown to comply.
Re-exclusion Throughout the School Year

- If a student does not receive subsequent required vaccine doses no later than 14 days after the minimum interval identified by the ACIP catch-up schedule, the student must be excluded.
Exclusion in the Event of a Disease Outbreak

• Children “in process” or with medical exemptions must be excluded in the event of a disease outbreak

• Schools required to maintain a current list of susceptible children at all times
Updates to School Immunization Requirements for 2020-2021
2020-21 School Year
New York State Immunization Requirements
for School Entrance/Attendance

NOTES:
Children in a prekindergarten setting should be age-appropriately immunized. The number of doses depends on the schedule recommended by the Advisory Committee on Immunization Practices (ACIP). Intervals between doses of vaccine should be in accordance with the ACIP-recommended immunization schedule for persons 0 through 18 years of age. Doses received before the minimum age or intervals are not valid and do not count toward the number of doses listed below. See footnotes for specific information for each vaccine. Children who are enrolling in grade-less classes should meet the immunization requirements of the grades for which they are age equivalent.

Dose requirements MUST be read with the footnotes of this schedule

<table>
<thead>
<tr>
<th>Vaccines</th>
<th>Prekindergarten (Day Care, Head Start, Nursery or Pre-k)</th>
<th>Kindergarten and Grades 1, 2, 3, 4 and 5</th>
<th>Grades 6, 7, 8, 9, 10 and 11</th>
<th>Grade 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td)³</td>
<td>4 doses</td>
<td>5 doses or 4 doses if the 4th dose was received at 4 years or older or 3 doses if 7 years or older and the series was started at 1 year or older</td>
<td>3 doses</td>
<td></td>
</tr>
<tr>
<td>Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine adolescent booster (Tdap)³</td>
<td>Not applicable</td>
<td></td>
<td></td>
<td>1 dose</td>
</tr>
<tr>
<td>Vaccine</td>
<td>Dose(s)</td>
<td>Additional Information</td>
<td></td>
<td></td>
</tr>
<tr>
<td>-----------------------------------------------</td>
<td>---------</td>
<td>----------------------------------------------------------------------------------------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Polio vaccine (IPV/OPV)</td>
<td>3 doses</td>
<td>4 doses or 3 doses if the 3rd dose was received at 4 years or older</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Measles, Mumps and Rubella vaccine (MMR)</td>
<td>1 dose</td>
<td>2 doses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hepatitis B vaccine</td>
<td>3 doses</td>
<td>3 doses or 2 doses of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Varicella (Chickenpox) vaccine</td>
<td>1 dose</td>
<td>2 doses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meningococcal conjugate vaccine (MenACWY)</td>
<td>Not applicable</td>
<td>Grades 7, 8, 9, 10 and 11: 1 dose</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Haemophilus influenzae type b conjugate vaccine (Hib)</td>
<td>1 to 4 doses</td>
<td>Not applicable</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pneumococcal Conjugate vaccine (PCV)</td>
<td>1 to 4 doses</td>
<td>Not applicable</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Tdap Booster Requirement for the 2020-21 School Year

- Students in **grade 6** need at least 1 dose of Tdap received at 10 years of age or older
  - Doses of Tdap given before age 10 will **not** count toward the grade 6 requirement
- Students in **grades 7-12** need at least 1 dose of Tdap received at 7 years of age or older
  - Minimum age requirement to roll out over additional grades over the next 7 years
- Students may need more than 1 dose of Tdap if
  - they did not complete the primary DTaP series or
  - they are entering grade 6 and received Tdap before age 10
Meningococcal Vaccine Requirements for Grades 7-11

• Students in grade 7 need at least 1 dose of MenACWY vaccine received at 10 years of age or older
  o Doses of MenACWY given before age 10 will not count toward the grade 7 requirement
• Students in grades 8-11 need at least 1 dose of MenACWY vaccine received at 6 weeks of age or older
  o Minimum age requirement to roll out over additional grades over the next 6 years
Meningococcal Vaccine Requirement for Grade 12

• Students in grade 12 need at least 2 doses of MenACWY vaccine
  o If 1st dose received at 16 years of age or older, then only 1 dose required
  o Minimum interval between doses is 8 weeks
  o Minimum age for 2nd dose is 16 years
    ▪ If 2nd dose received more than 4 days before 16th birthday, then another dose on or after 16 years is required
# Tdap and MenACWY Requirements Roll Out

<table>
<thead>
<tr>
<th>School Year</th>
<th>Tdap adolescent booster minimum age</th>
<th>MenACWY dose 1 minimum age</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020-2021</td>
<td>Grade 6: 10 years</td>
<td>Grade 7: 10 years</td>
</tr>
<tr>
<td></td>
<td>Grades 7 through 12: 7 years</td>
<td>Grades 8 through 12: 6 weeks</td>
</tr>
<tr>
<td>2021-2022</td>
<td>Grades 6 and 7: 10 years</td>
<td>Grades 7 and 8: 10 years</td>
</tr>
<tr>
<td></td>
<td>Grades 8 through 12: 7 years</td>
<td>Grades 9 through 12: 6 weeks</td>
</tr>
<tr>
<td>2022-2023</td>
<td>Grades 6 through 8: 10 years</td>
<td>Grades 7 through 9: 10 years</td>
</tr>
<tr>
<td></td>
<td>Grades 9 through 12: 7 years</td>
<td>Grades 10 through 12: 6 weeks</td>
</tr>
<tr>
<td>2023-2024</td>
<td>Grades 6 through 9: 10 years</td>
<td>Grades 7 through 10: 10 years</td>
</tr>
<tr>
<td></td>
<td>Grades 10 through 12: 7 years</td>
<td>Grades 11 and 12: 6 weeks</td>
</tr>
<tr>
<td>2024-2025</td>
<td>Grades 6 through 10: 10 years</td>
<td>Grades 7 through 11: 10 years</td>
</tr>
<tr>
<td></td>
<td>Grades 11 and 12: 7 years</td>
<td>Grade 12: 6 weeks</td>
</tr>
<tr>
<td>2025-2026</td>
<td>Grades 6 through 11: 10 years</td>
<td>Grades 7 through 12: 10 years</td>
</tr>
<tr>
<td></td>
<td>Grade 12: 7 years</td>
<td></td>
</tr>
<tr>
<td>2026-2027 and beyond</td>
<td>Grades 6 through 12: 10 years</td>
<td>Grades 7 through 12: 10 years</td>
</tr>
</tbody>
</table>
Resources

• NYSDOH School Immunization web page: https://www.health.ny.gov/prevention/immunization/schools/
• Q&A on NYS School Immunization Requirements https://www.health.ny.gov/prevention/immunization/schools/school_survey/docs/questions_and_answers.pdf
• NYSDOH, Bureau of Immunization, School Assessment and Compliance Unit (518) 474-1944 or osas@health.ny.gov
• Schools in New York City (347) 396-2433
Marcus Friedrich, MD, MHCM, MBA, FACP
Chief Medical Officer, Office of Quality and Patient Safety
NYSDOH
COVID-19 Healthcare Capacity and Response

• Travel Advisory in Healthcare

• Telehealth

• Preparation for the Fall
Quick Tips for Clinician Wellbeing in The Era of COVID-19

July 30, 2020

Louis S. Snitkoff, MD, FACP
Immediate Past-President
American College of Physicians, NY Chapter
COVID-19 Resources
NYSDOH Supporting Well-Being in COVID & Beyond

Kerri Palamara, MD

Archived webinar:

NYSDOH Supporting HCP Well-Being in COVID & Beyond webinar
NYSDOH Supporting HCP Well-Being in COVID & Beyond SlideSet
Peer to Peer Program

The Medical Society of the State of New York

Are you struggling with everyday life stressors? MSSNY’s P2P Supporters are here to help

Any physician, resident or medical student who wishes to relate to a peer supporter may contact the Medical Society of the State of New York in the following ways:

- Email: P2P@mssny.org
- Phone 1-844-P2P-PEER (1-844-727-7337)

Support, Empathy & Perspective
Healthcare Provider/Physician Wellness

• The state is partnering with the Kate Spade New York Foundation and Crisis Text Line to provide a 24/7 emotional support service for frontline healthcare workers

• **Text NYFRONTLINE to 741-741** to access these emotional support services

• New York State-regulated health insurers will be required to waive cost-sharing, including deductibles, copayments and coinsurance, for in-network mental health services for frontline essential workers during COVID-19
Mental Health Resources

• NYS Mental Health Helpline
  1-844-863-9314

• The helpline is staffed by specially trained volunteers, including mental health professionals, who have received training in crisis counseling related to mental health consequences of infectious disease outbreaks, typical stress reactions, anxiety management, coping skills, and telephonic counseling.
# Healthcare Provider Well-being Resources

<table>
<thead>
<tr>
<th>MSSNY</th>
<th>AAFP</th>
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<tbody>
<tr>
<td>ACP</td>
<td>AAP</td>
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<tr>
<td>NAM</td>
<td>AHRQ well-being</td>
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<td></td>
<td>AHRQ burnout</td>
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<td>AMA</td>
<td>NIH</td>
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<tr>
<td>IHI</td>
<td>Stanford</td>
</tr>
</tbody>
</table>
CDC COVID Website

Coronavirus Disease 2019 (COVID-19) — Information for Providers

Daily Syndromic and Case Data Update

The following documents provide information about people confirmed to have COVID-19 in NYC. They will be updated each weekday morning.

The total number of positive cases in the city are updated continuously. This update reflects data as of the previous day at 6 p.m. Due to public health guidance that people with mild illness stay home and not get tested, these data may not reflect the true number of positive COVID-19 cases in NYC and may overrepresent the volume of hospitalized cases.

As of March 18, 6 p.m.:

- COVID-19 Daily Case Data Summary (PDF)
- NYC Flu-like Illness Data 2016-Current (PDF)
Mental Health Resources

Guidance Documents

Guidance on COVID-19

- OMH Psychiatric Center Visitor Restriction Guidance (6/14/2020)
- COVID-19 Guidance for Children’s Waiver Service Providers (6/14/2020)
- DOH Medicaid Updates – Special Editions (6/14/2020)
- COVID-19 Guidance for Health Homes (6/14/2020)
- Guidance for NY’s Behavioral Health Programs (6/11/2020)
- Interim Guidance for Large Gatherings and Public Spaces During the COVID-19 Outbreak (6/11/2020)
- OMH Guidance for Managing Stress and Anxiety During the COVID-19 Outbreak (6/11/2020)

COVID-19 Telemental Health Guidance

- Supplemental Guidance – Use of Telehealth for People Served by OMH Licensed or Designated Programs Affected by the Disaster Emergency (REVISED – 3/17/2020)
- Self-Attestation of Compliance to Offer Telemental Health Services (REVISED - 3/13/2020)
- OASAS Telepractice Waiver Update (REVISED – 3/17/2020)
- Interim Guidance Regarding the Delivery of Services Through the Use of Telehealth Modalities in Facilities Certified or Operated by OPWDD (REVISED – 3/17/2020)
- Use of Telemental Health for People Affected by the Disaster Emergency (3/11/2020)
Feeling Stressed About Coronavirus (COVID-19)?
Managing Anxiety in an Anxiety-Provoking Situation

The outbreak of COVID-19 around the world has led to the spread of fear and panic for individuals and communities. In addition to following physical precautions guidelines, individuals should be taking care of their psychological well-being.

This guide includes tips for the following populations:
- For Everyone
- For Individuals Receiving Mental Health Services
- For Parents, Including Parents of Children with Pre-Existing Anxiety Disorders
- For Caregivers of Older Adults
- For Mental Health Providers

For Everyone:
- Reduce anxiety by reducing risk. Ways to reduce risk include practicing good hygiene (e.g. regular handwashing, avoiding touching your face, and practicing social distancing).
NYS Medicaid Telehealth Updates and Guidance

NYSDOH COVID-19 Guidance for Medicaid Providers website

- **Webinar:** New York State Medicaid Guidance Regarding Telehealth, Including Telephonic, Services During the COVID-19 Emergency - **5.5.2020**
  - Slides (PDF)
  - Recording Coming Soon

Telehealth Guidance

• American College of Physicians Telehealth Resource:
  www.acponline.org/practice-resources/business-resources/health-information-technology/telehealth

• CDC Outpatient and Ambulatory Care Setting Guidance:

• Medicaid:
  www.health.ny.gov/health_care/medicaid/program/update/2020/
Symptoms

The 2019 novel coronavirus may cause mild to severe respiratory symptoms.

COVID-19 Testing

Learn more about testing protocol now that the FDA has approved New York to begin its own testing.

OVERVIEW

MOBILE TESTING

PROTOCOL FOR TESTING

Know Your Rights

The health and safety of New Yorkers is the top priority, co-pays for telehealth visits have been waived.

TESTING

INSURANCE

UNEMPLOYMENT
NYS Specimen Collection Sites - COVID-19 Testing

- **NYSDOH Find Test Site Near You Website**
  - NYS specimen collection sites, healthcare settings, pharmacies, and other
  - More than 800 specimen collection or testing sites have been identified

- For the NYS specimen collection sites:
  - Call the New York State COVID-19 Hotline at 1-888-364-3065
  - Visit the NYSDOH website [www.covid19screening.health.ny.gov](http://www.covid19screening.health.ny.gov) to be screened for eligibility, and if eligible, have an appointment set up at one of the State’s testing sites

Interested in being tested for COVID-19? Use this screening tool to share your symptoms and pre-register for testing.

START ASSESSMENT

Get information on coronavirus testing near you. Simply enter your address and find locations that provide coronavirus testing.

FIND A TEST SITE NEAR YOU
**COVID-19 Weekly Healthcare Provider Update Compilation:**

As of June 17, 2020, 9:00 AM

The information in this compilation is current only as of the above date and time.

Purpose: The purpose of this weekly publication is to provide healthcare providers in New York State with a consolidated update of guidance released by the New York State Department of Health (NYSDOH) related to the COVID-19 pandemic response. This will show only current guidance for any given topic and will be updated to reflect new guidance.

As a reminder, all advisories and informational messages (including webinar invitations) are distributed through the Integrated Health Alerting Network System (IHANS), an application housed on the Health Connect System (HCS). If you are not receiving IHANS notifications, please work with your site's HCS coordinator. Additional COVID-19 resources may be found on the NYSDOH webpage under Information for Healthcare Providers.

Recordings of COVID-19 Weekly Healthcare Provider Updates are also available on the NYSDOH webpage.

For questions, contact covidproviderinfo@health.ny.gov

### Guidance/Health Advisory Topic

<table>
<thead>
<tr>
<th>Link(s)</th>
<th>Date</th>
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<tbody>
<tr>
<td>Additional Capacity Guidance (Collection, triage, treatment)</td>
<td>3/19/20</td>
</tr>
<tr>
<td>Specimen Collection and Handling to Allow NP and SAIVA Specimen</td>
<td>4/01/20</td>
</tr>
<tr>
<td>Wadsworth Specimen Collection, Handling and Transport</td>
<td>4/01/20</td>
</tr>
<tr>
<td>Updated Infectious Disease Regulation Form</td>
<td>4/08/20</td>
</tr>
<tr>
<td>Updated Infectious Disease Requisition Guidance</td>
<td>4/09/20</td>
</tr>
<tr>
<td>Private Practice Collection Guidance</td>
<td>4/19/20</td>
</tr>
<tr>
<td>The NYSDOH Wadsworth Center's Assay for SARS-CoV-2 IgG FAQ</td>
<td>4/20/20</td>
</tr>
<tr>
<td>Serology Testing</td>
<td>4/30/20</td>
</tr>
<tr>
<td>Specimen Collection Training for Unlicensed Individuals</td>
<td>5/15/20</td>
</tr>
<tr>
<td>Authorization of Licensed Pharmacists to Order COVID-19 Tests</td>
<td>5/15/20</td>
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<tr>
<td>SARS-CoV-2 Diagnostic Testing FAQ</td>
<td>5/15/20</td>
</tr>
<tr>
<td>COVID-19 Testing Next Steps</td>
<td>5/13/20</td>
</tr>
<tr>
<td>Protocol for COVID-19 Testing Applicable to All Health Care Providers and LHDs</td>
<td>5/01/20</td>
</tr>
</tbody>
</table>

**Infection Control and PPE**

- Requests for PPE should go through your county OPH
- PPE Shortage Guidance
- Optimizing PPE (CDC)
- Infection Control Guidance (CDC)

**Isolation**

- Guidance for Local Health Departments
- Proprosatory Quarantine, Mandatory Quarantine, and Isolation
- Discontinuation of Isolation for Patients with COVID-19 who are Hospitalized in Nursing Homes, or in Other Congregate Settings

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For questions about this document please contact covidproviderinfo@health.ny.gov

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**NYSDOH COVID-19 Weekly HCP Update Compilation**
Mirror Clings

To order mirror clings for public use email the NYSDOH:

bmcc@health.ny.gov
Mirror Clings

To order mirror clings for public use email the NYSDOH:

bmcc@health.ny.gov
NYSDOH Face Masks and Coverings for COVID-19

- You must wear a face mask or face covering in public when social distancing (staying at least 6 feet apart) is not possible, unless a face covering is not medically tolerated. This includes on public transport, in stores, and on crowded sidewalks.
- Children over 2 years of age should wear a face mask in public, too. Children under 2 years of age should NOT wear face coverings for safety reasons.
- Cloth face coverings should be made from fabric you can't see through when held up to the light. They must be cleaned before reusing.
- Disposable paper face masks should be used for one outing outside the home. They cannot be properly cleaned.
- The best way to prevent COVID-19 is to continue social distancing (staying at least 6 feet away from others), even when wearing a face covering.

**Putting On Face Covering**
- **DO** clean your hands with soap and water or if that's not available, alcohol-based hand sanitizer, before putting on your face covering.
- **DO** make sure the face covering covers both your nose and mouth.
- **DON'T** wear your mask hanging under your nose or mouth or around your neck. You won't get the protection you need.
- **DON'T** wear the face covering on top of your head, or take it off and on repeatedly. Once it is in place, leave the covering in place until you are no longer in public.

**Taking Off Face Covering**
- **DO** clean your hands with soap and water or if that's not available, alcohol-based hand sanitizer, before taking off your face covering.
- **DO** remove your mask only touching the straps.
- **DO** discard the face covering if it is disposable. If you are reusing (cloth), place it in a paper bag or plastic bag for later.
- **DO** wash your hands again.
- When cleaning a cloth face covering, **DO** put it in the washer (preferably on the hot water setting).
- **DO** dry in dryer at high heat. When it is clean and dry, place in a clean paper or plastic bag for later use. If you live in a household with many people, you might want to label the bags with names so the face coverings are not mixed up.
ATTENTION ALL PATIENTS

STOP

If you have

fever

cough

trouble breathing

Call this number ____________________.
Tell them your symptoms.
Ask where you should go and what you should do.
Put on a mask before going inside.

ATTENTION ALL VISITORS

STOP

NO VISITORS ARE ALLOWED AT THIS TIME

If you feel there is an urgent need for visitation, please contact ____________________.

DO NOT VISIT

NEW YORK STATE Department of Health
COVID-19 Symptom Check

I am deaf or hard of hearing. I am using this card to communicate. I may need a certified sign language interpreter, captioning or other ways to communicate. I have circled the best ways to communicate with you.

Quick Communication
Some questions may be answered by pointing to yes, no, don’t know.

THIS IS MY LEVEL OF PAIN:
- No Pain
- Mild Pain
- Moderate Pain
- Severe Pain
- Very Severe Pain
- Worst Possible Pain

THESE ARE MY SYMPTOMS:
- Fever
- Cough
- Shortness of Breath
- Sore Throat
- Lost Sense of Taste/Smell
- Muscle Aches
- Chills
- Headache

OTHER SYMPTOMS I HAVE:

I HAVE HAD SYMPTOMS THIS MANY DAYS:

I HAVE HAD CLOSE CONTACT WITH SOMEONE (within 6 feet) WHO HAS COVID-19:
COVID-19 Testing
Next Steps

You are being tested for a virus that causes COVID-19. If you have symptoms of the disease, or if you have been in contact with someone who is infected, you will be asked to stay apart from others. This is also called isolation or quarantine. COVID-19 spreads easily. Staying apart helps stop the disease from spreading.

Symptoms Include:
Fever, cough, difficulty breathing
Other symptoms may include: Chills, muscle aches, headache, sore throat, abdominal pain, vomiting, diarrhea, runny nose, fatigue, wheezing, or new loss of taste or smell.

If You Are an Essential Worker:
You can ONLY return to work while you wait for your test results.
• You have your employer’s permission to do so.
• You DO NOT have symptoms.
• And you have NOT had contact with a person known to have COVID-19.
In addition, you must continue to:
• Practice social distancing (stay more than 6 feet from others).
• Use appropriate personal protective equipment (PPE).
• Wear a mask when less than 6 feet away from others in public.
• Take your temperature and monitor your symptoms daily.

You Should Be Isolated if:
• You have symptoms and think you may have been infected with the virus.

You Should Be Quarantined if:
• You have been in close contact with someone known to have COVID-19, even if you don’t have symptoms. Close contact means sharing the same household, direct physical contact, or being within six feet for more than 10 minutes.

See back for more information.

www.coronavirus.health.ny.gov

How to Isolate or Quarantine:

Stay home, except to visit a doctor.

If you must see a doctor, call ahead and avoid using public transport such as subways, buses, taxis.

Don’t have visitors.

Separate yourself in a room that is not shared with others. Stay at least 6 feet away from others at all times.

Use a separate bathroom, if possible, and disinfect after each use.

Arrange for food, medicine, and other supplies to be left at your door.

Cover your coughs and sneezes. Throw away used tissues. Bag your trash and leave outside your door.

Don’t touch pets.

Arrange for others to care for your children, if possible.

Wear a face mask if you must be around others.

Wash your hands often with soap and water for 20 seconds each time, or if unavailable, use hand sanitizer with at least 60% alcohol.

Test Results

You will be contacted with your results.

If you test positive on a diagnostic test for the virus, you must continue isolation. You will get a call from a public health representative to identify any contacts you have had.

If you test negative, but you have been in close contact with a person known to have been infected, you must still continue quarantine until 14 days have passed from your last contact with a person known to have COVID-19. Even though you may feel well now, you are at risk of getting the disease and you may get sick. It can take up to 14 days to get the disease.

Your local health department can help you determine when it is safe to stop isolation or quarantine. Find them at www.nysaids.org/directory.

Learn more at coronavirus.health.ny.gov

Support and Job Assistance

Any New Yorker under a mandatory or precautionary order to stay home may be eligible for job protected sick leave and compensation. Learn more at https://coronavirus.health.ny.gov/protecting-public-health-nys-workers/employee

If you need help caring for yourself or your children while in isolation or quarantine, call your local health department. Find them at www.nysaids.org/directory

Stay apart now. Be together later.
# Contact Tracing Tool

**for People Being Tested for COVID-19**

If you test positive for COVID-19, you will get a call from a public health representative to identify any contacts you have had. This form can help you identify your contacts so you will be ready for the call.

**Identify date of first symptoms**

If you have had symptoms, put the date you first felt sick. OR if you have had no symptoms, then put your date of testing:

\[
\text{Date} \quad / \quad / \quad / \quad \text{Date of First Symptoms}
\]

\[
\text{Subtract 2 Days} \quad / \quad / \quad / \quad \text{Your Contact Tracing Date}
\]

**Who has been in your house with you since your contact tracing date?**

Include people who live in your home and people who may have visited like friends, a babysitter or anyone else providing in-home services.

<table>
<thead>
<tr>
<th>Name of Person</th>
<th>Date Last in Home</th>
<th>Their Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
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<tr>
<td>5</td>
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</tbody>
</table>

**Make a list of what you did each day since your contact tracing date with as much detail as possible. Include things like hanging out with neighbors, going to work, nursing friends, appointments, social or recreational activities outside the house, and if you used public transportation to get there. Use another piece of paper if needed.**

<table>
<thead>
<tr>
<th>Day One: / / /</th>
<th>Activity</th>
<th>Location</th>
<th>People you were with</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Name</td>
<td>Address</td>
<td>Phone Number</td>
</tr>
<tr>
<td>Day Two: / / /</td>
<td>Activity</td>
<td>Location</td>
<td>People you were with</td>
</tr>
<tr>
<td></td>
<td>Name</td>
<td>Address</td>
<td>Phone Number</td>
</tr>
<tr>
<td>Day Three: / /</td>
<td>Activity</td>
<td>Location</td>
<td>People you were with</td>
</tr>
<tr>
<td></td>
<td>Name</td>
<td>Address</td>
<td>Phone Number</td>
</tr>
<tr>
<td>Day Four: / /</td>
<td>Activity</td>
<td>Location</td>
<td>People you were with</td>
</tr>
<tr>
<td></td>
<td>Name</td>
<td>Address</td>
<td>Phone Number</td>
</tr>
</tbody>
</table>

To order materials from NYSDOH:

bmcc@health.ny.gov

Available in Spanish

NYSDOH Contact Tracing Tool
For Their Contacts

To order materials from NYSDOH:
bmcc@health.ny.gov
NYSDOH COVID-19 Testing Resources

NYSDOH SARS-CoV-2 Diagnostic Testing

NYSDOH Health Advisory on COVID-19 Serologic Assays
• New Yorkers without health insurance can apply through NY State of Health through **August 15th, 2020**

• Must apply within 60 days of losing coverage
Questions or Concerns

• Call the local health department [www.health.ny.gov/contact/contact_information/](http://www.health.ny.gov/contact/contact_information/)

• In New York City: Notify the NYC DOHMH provider access line (PAL)
  – 1-866-NYC-DOH1 or 1-866-692-3641 (works 24 hours/day x 7 days/week)

• Providers who are unable to reach the LHD can contact the NYSDOH Bureau of Communicable Disease Control at [518-473-4439](tel:+15184734439) during business hours or the NYSDOH Public Health Duty Officer at [1-866-881-2809](tel:+18668812809) evenings, weekends, and holidays
QUESTIONS?

TO NYS’ HEALTHCARE PROVIDERS

THANK YOU!