An Update for NYS Healthcare Providers on COVID-19

May 14, 2020

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New York State Department of Health
Agenda

• Global, National, New York State Updates
• Testing Updates
• Contact Tracing and Community Mitigation
• Pediatric Multi-System Inflammatory Syndrome
• Therapeutics
• Telehealth
• Healthcare System Capacity
• Reopening elective surgeries
• Healthcare Provider Wellness and Survey
• Resources
• Pre-planned Q & A: Chat box not feasible with level of attendance
Upcoming Calls

Update: Future weekly calls will be held on Thursdays 1-2 PM

- Recordings will be available immediately: NYSDOH COVID-19 Healthcare Provider website

- In addition to YouTube, an on-demand version of our weekly sessions for healthcare providers in NYS is now available as a podcast – search NYSDOH

- If you are not receiving email invitations to the call series, please work with your Health Commerce System (HCS) site coordinator to receive notifications from the Integrated Health Alerting and Notification System (IHANS)
Disclaimer

• The situation is rapidly evolving, as is our understanding of this new virus.

• All of the information presented is based on our best knowledge as of today.
**Situation Summary: COVID-19 Global, 5/13/2020**


<table>
<thead>
<tr>
<th>Region</th>
<th>Confirmed Cases</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Global</td>
<td>4,170,424</td>
<td>287,399</td>
</tr>
<tr>
<td>Western Pacific</td>
<td>163,201</td>
<td>6578</td>
</tr>
<tr>
<td>European</td>
<td>1,780,316</td>
<td>159,799</td>
</tr>
<tr>
<td>South-East Asia</td>
<td>110,932</td>
<td>3746</td>
</tr>
<tr>
<td>Eastern Mediterranean</td>
<td>284,270</td>
<td>9259</td>
</tr>
<tr>
<td>Africa</td>
<td>49,429</td>
<td>1500</td>
</tr>
<tr>
<td>Americas</td>
<td>1,781,564</td>
<td>106,504</td>
</tr>
</tbody>
</table>
Figure 1. Number of confirmed COVID-19 cases reported in the last seven days by country, territory or area, 7 May to 13 May**
Situation Summary: COVID-19 Global, 5/13/2020

www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

Figure 2. Number of confirmed COVID-19 cases, by date of report and WHO region, 30 December 2019 through 13 May 2020**
COVID-19 CDC Travel Recommendations by Country


- **Level 3** Widespread transmission with US entry restrictions: China, Iran, Most of Europe, UK and Ireland
- **Level 3** Widespread transmission without US entry restrictions: Global Pandemic


- Total cases: 1,364,061; new cases 21,467
- Total deaths: 82,246; new deaths 1,426
New Cases by Day

The following chart shows the number of new cases of COVID-19 reported by day in the U.S. since the beginning of the outbreak.
NYSDOH COVID-19 Tracker (May 12, 2020)

Found at: NYSDOH COVID-19 website

Persons Tested Positive by County

Statewide
- Total Persons Tested: 1,258,907
- Total Tested 5/12: 33,794
- Total Tested Positive: 340,661

Sex Distribution of Positive Cases
- Female: 48.2%
- Male: 51.3%
- Unknown: 0.5%

New Positives 5/12: 2,176
# NYSDOH COVID-19 Tracker (May 12, 2020)

Found at: [NYSDOH COVID-19 website](https://www.health.ny.gov/)

<table>
<thead>
<tr>
<th>County</th>
<th>Place of Fatality</th>
<th>Deaths by County of Residence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grand Total</td>
<td>22,013</td>
<td>22,013</td>
</tr>
<tr>
<td>Albany</td>
<td>118</td>
<td>80</td>
</tr>
<tr>
<td>Allegany</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Bronx</td>
<td>2,797</td>
<td>3,038</td>
</tr>
<tr>
<td>Broome</td>
<td>31</td>
<td>32</td>
</tr>
<tr>
<td>Cattaraugus</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Cayuga</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Chautauqua</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>Chemung</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>Chenango</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Clinton</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Columbia</td>
<td>29</td>
<td>31</td>
</tr>
<tr>
<td>Cortland</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Delaware</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Dutchess</td>
<td>115</td>
<td>114</td>
</tr>
<tr>
<td>Erie</td>
<td>402</td>
<td>386</td>
</tr>
</tbody>
</table>

The increase in fatalities reflects new data reported Wednesday, May 6 in addition to confirmed fatalities within nursing homes and adult care facilities that were identified as part of a data reconciliation process earlier this week. Click here for additional detail.
### Fatalities by Race/Ethnicity

Data is preliminary. With 99% reporting, below is the breakdown for NYS excluding NYC. With 63% reporting, below is the breakdown for NYC as provided by NYCDOHMH.

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>NYC</th>
<th>NYS Excl. NYC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hispanic</td>
<td>34% (29% of population)</td>
<td>15% (12% of population)</td>
</tr>
<tr>
<td>Black</td>
<td>28% (22% of population)</td>
<td>18% (9% of population)</td>
</tr>
<tr>
<td>White</td>
<td>27% (32% of population)</td>
<td>59% (14% of population)</td>
</tr>
<tr>
<td>Asian</td>
<td>7% (14% of population)</td>
<td>4% (4% of population)</td>
</tr>
<tr>
<td>Other</td>
<td>4% (3% of population)</td>
<td>4% (1% of population)</td>
</tr>
</tbody>
</table>

### Fatalities by Age Group

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Fatality Count</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>90 &amp; Over</td>
<td>2,944</td>
<td>13.4%</td>
</tr>
<tr>
<td>80 to 89</td>
<td>5,679</td>
<td>25.8%</td>
</tr>
<tr>
<td>70 to 79</td>
<td>5,768</td>
<td>26.2%</td>
</tr>
</tbody>
</table>

### Fatalities by Sex

<table>
<thead>
<tr>
<th>Sex</th>
<th>Fatality Count</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>9,159 (41.6%)</td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>12,845 (58.4%)</td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td>9 (0.0%)</td>
<td></td>
</tr>
</tbody>
</table>
NYS COVID-19 Healthcare Utilization

- Currently hospitalized: 6,706 \textit{(decreased by 240)}
  - Newly hospitalized (3-day average): 280

- Current ICU: 2,223 \textit{(decreased by 85)}
  - Current Intubation: 1,846 \textit{(decreased by 62)}

- Cumulative discharges: 59,758

- Fatalities (5/13/20): 166 \textit{(compared to day prior 195)}

- Continue to see decreases in hospitalization, ICU, and intubation numbers
SARS-CoV-2 Testing for COVID-19
Alternative Specimen Collection Sites - COVID-19 Testing

• Diagnostic Testing Access: Individuals who fit prioritization categories and do not currently have access to testing can:
  – Call the New York State COVID-19 Hotline at 1-888-364-3065
  OR
  – Visit the NYSDOH website www.covid19screening.health.ny.gov to be screened for eligibility, and if eligible, have an appointment set up at one of the State’s Testing Sites
Available Molecular Assays

www.fda.gov/medical-devices/emergency-situations-medical-devices/emergency-use-authorizations#covid19ivd

- There are **56** PCR-based assays for SARS-CoV-2 that have been authorized under the FDA’s EUA process
- The majority of these are assays that can be used in a high-complexity laboratory
- Three are waived assays
- There may be supply chain issues for reagents (ideally, it is good for laboratories to have multiple platform options to give more flexibility)
SARS-CoV-2 Testing

Is home based specimen collection an option?
• The FDA has recently authorized 2 home collection kits for molecular testing under an Emergency Use Authorization (EUA) only
  – LabCorp
  – Rutgers University
• Not yet available in NYS, however, availability for NYS residents is under discussion

Is there an antigen test now available?
• Yes, the FDA has recently authorized under an Emergency Use Authorization (EUA) only
• Intended for nasopharyngeal or nasal swabs in viral transport media
Available Serology Assays


- 12 assays are FDA approved for use in moderate or high complexity laboratories
  - 7 are IgG and IgM tests or total antibody tests, 5 are IgG only serologic assays
  - There are no waived tests to detect antibodies to SARS-CoV-2 (no point of care tests)
- **NYSDOH recommends only using FDA EUA tests**

- There are over 150 serology assays listed on the FDA website
- **These are NOT FDA reviewed, nor approved.**
- Be aware of these disclaimers if you use these tests
  - This test has not been reviewed by the FDA.
  - Negative results do not rule out SARS-CoV-2 infection, particularly in those who have been in contact with the virus. Follow-up testing with a molecular diagnostic should be considered to rule out infection in these individuals.
  - Results from antibody testing should not be used as the sole basis to diagnose or exclude SARS-CoV-2 infection or to inform infection status.
  - Positive results may be due to past or present infection with non-SARS-CoV-2 coronavirus strains, such as coronavirus HKU1, NL63, OC43, or 229E.
NYSDOH Health Advisory on COVID-19 Serology Assays

Q&A’s provided to answer patient and community questions on serology
NYSDOH Health Advisory on COVID-19 Serology Assays

If the serology test is positive and shows that I have antibodies to SARS-CoV-2, does that mean I am immune to the virus?

• Based on our knowledge of how the body reacts to an infection, we presume that the presence of IgG antibodies could mean that you have some level of immunity to a virus.

• However, at this time, it is unclear whether the presence of SARS-CoV-2 IgG antibodies will result in immunity to prevent future COVID-19 infections.

• We will better understand immunity to SARS-CoV-2 as we study what happens to people who test positive for SARS-CoV-2 IgG antibodies and are again exposed to SARS-CoV-2, to determine if any of them are confirmed to have new infections.
Contact Tracing
Get Involved: How You Can Help

GET INVOLVED
New York State is doing all it can to keep New Yorkers safe and stop the spread of COVID-19. But we’re stronger if we all work together. Governor Cuomo is calling on health care professionals, schools of public health or medicine and PPE products providers and manufacturers to come forward to support the state's response. It's going to be hard, it's going to be disruptive, but we will get through this together.

BE PART OF AN EFFORT TO RE-OPEN OUR COMMUNITIES

NYS Contact Tracing Initiative

Contact Tracers
Reach out to the contacts of anyone diagnosed with COVID-19 to assess symptoms, ensure compliance with quarantine and determine social support needs

Team Supervisors
Lead a team of 20 Contact Tracers, and one Community Support Specialist who are working remotely using digital tools

Community Support Specialists
Work with the team to address the support needs of those who are contacts, especially those who are under isolation or Quarantine

APPLY ONLINE
APPLY ONLINE
APPLY ONLINE
Community Mitigation and Re-opening Strategies
NYS Community Mitigation and Reopening Strategy

- NY on PAUSE and social distancing through May 15th
  - Non-essential businesses will remain closed

- After May 15th:
  - More essential businesses with lower risk of infection (to workers and public) will reopen first
  - New safety strategies in business
    - Social distancing, reduce density, masks, cleaning, screening, reporting

- All K-12 schools and college facilities statewide will remain closed for the remainder of the year
  - Continue to provide distance learning, meal delivery, and childcare services for the remainder of the year
NYS Reopening Strategy

• Regions must have (based on CDC guidelines):
  - **New infections:**
    • At least 14 days of decline in total net hospitalizations and deaths on a 3-day rolling average
    • Region cannot exceed 15 net new total hospitalizations or 5 new deaths on a 3-day rolling average
    • Region must have fewer than two new COVID patients admitted per 100,000 residents per day
  - **Healthcare capacity:**
    • At least 30 percent total hospital and ICU beds available
    • Hospitals have at least 90 days of personal protective equipment stockpiled
NYS Reopening Strategy

• Regions must have (based on CDC guidelines):
  – **Molecular testing capacity:**
    • The capacity to conduct 30 molecular tests for every 1,000 residents per month

  – **Contact tracing capacity:**
    • A baseline of 30 contact tracers for every 100,000 residents or based on infection rate set by the Department of Health, in collaboration with the Johns Hopkins University School of Public Health and Vital Strategies
### Regional COVID-19 Metrics: Where Regions Currently Stand

<table>
<thead>
<tr>
<th>Region</th>
<th>14-Day Decline in Hospitalizations (5-day avg)</th>
<th>14-Day Decline in Hospital Deaths (5-day avg)</th>
<th>New Hospitalizations (Under 2 per 100K residents + 249 daily avg)</th>
<th>Share of total beds available (threshold of 50%)</th>
<th>Share of ICU beds available (threshold of 50%)</th>
<th>30 per 100K residents tested monthly (7-day avg of new tests per day)</th>
<th>Contact tracers 50 per 100K residents or based on infection rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Capital Region</td>
<td>0</td>
<td>10</td>
<td>0</td>
<td>6</td>
<td>✗</td>
<td>1.22</td>
<td>✗</td>
</tr>
<tr>
<td>Central New York</td>
<td>0</td>
<td>8</td>
<td>✗</td>
<td>1</td>
<td>3</td>
<td>✗</td>
<td>1.67</td>
</tr>
<tr>
<td>Finger Lakes</td>
<td>0</td>
<td>11</td>
<td>✗</td>
<td>0</td>
<td>4</td>
<td>✗</td>
<td>0.94</td>
</tr>
<tr>
<td>Long Island</td>
<td>31</td>
<td>425</td>
<td>✗</td>
<td>3</td>
<td>60</td>
<td>✗</td>
<td>2.66</td>
</tr>
<tr>
<td>Mid-Hudson</td>
<td>29</td>
<td>132</td>
<td>✗</td>
<td>3</td>
<td>60</td>
<td>✗</td>
<td>2.25</td>
</tr>
<tr>
<td>Mohawk Valley</td>
<td>0</td>
<td>4</td>
<td>✗</td>
<td>2</td>
<td>2</td>
<td>✗</td>
<td>0.62</td>
</tr>
<tr>
<td>New York City</td>
<td>30</td>
<td>820</td>
<td>✗</td>
<td>29</td>
<td>522</td>
<td>✗</td>
<td>2.64</td>
</tr>
<tr>
<td>North Country</td>
<td>19</td>
<td>3</td>
<td>✗</td>
<td>7</td>
<td>1</td>
<td>✗</td>
<td>0.16</td>
</tr>
<tr>
<td>Southern Tier</td>
<td>0</td>
<td>5</td>
<td>✗</td>
<td>1</td>
<td>2</td>
<td>✗</td>
<td>0.21</td>
</tr>
<tr>
<td>Western New York</td>
<td>0</td>
<td>26</td>
<td>✗</td>
<td>4</td>
<td>9</td>
<td>✗</td>
<td>1.95</td>
</tr>
</tbody>
</table>

**Metrics met:** Finger lakes, Mohawk Valley, North Country, Southern Tier
Regional Dashboard

NYS Reopening Strategy

Finger lakes, Mohawk Valley, North Country, Southern Tier

• Phase one includes reopening construction, manufacturing, retail for curbside and in-store pickup, agriculture, forestry and fishing.

Twelve more counties, a total of 47 counties, are now eligible to resume elective surgeries

• This also includes Ambulatory Surgical Centers, which will continue to provide select diagnostic and screening procedures.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Albany</td>
<td>Genesee</td>
<td>Putnam</td>
</tr>
<tr>
<td>Allegany</td>
<td>Herkimer</td>
<td>Rensselaer</td>
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<tr>
<td>Broome</td>
<td>Jefferson</td>
<td>Saratoga</td>
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<tr>
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<td>Lewis</td>
<td>Schenectady</td>
</tr>
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<td>Livingston</td>
<td>Schoharie</td>
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<td>Madison</td>
<td>Schuyler</td>
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<td>Chemung</td>
<td>Monroe</td>
<td>St. Lawrence</td>
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<td>Montgomery</td>
<td>Steuben</td>
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<td>Clinton</td>
<td>Niagara</td>
<td>Sullivan</td>
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<tr>
<td>Columbia</td>
<td>Oneida</td>
<td>Tompkins</td>
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<tr>
<td>Cortland</td>
<td>Onondaga</td>
<td>Ulster</td>
</tr>
<tr>
<td>Delaware</td>
<td>Ontario</td>
<td>Warren</td>
</tr>
<tr>
<td>Dutchess</td>
<td>Orange</td>
<td>Wayne</td>
</tr>
<tr>
<td>Essex</td>
<td>Orleans</td>
<td>Wyoming</td>
</tr>
<tr>
<td>Franklin</td>
<td>Oswego</td>
<td>Yates</td>
</tr>
<tr>
<td>Fulton</td>
<td>Otsego</td>
<td></td>
</tr>
</tbody>
</table>
• New Yorkers without health insurance can apply through NY State of Health through **June 15th, 2020**

• **Must apply within 60 days of losing coverage**
Pediatric Multisystem Inflammatory Syndrome Associated with COVID-19
Pediatric Multisystem Inflammatory Syndrome

• The United Kingdom and Europe reported a possible link was reported between COVID-19 and a serious inflammatory disease recently termed “Pediatric Multi-System Inflammatory Syndrome Temporally Associated with COVID-19.”

Royal College of Paediatrics and Child Health Guidance: Paediatric Multisystem Inflammatory Syndrome Temporally Associated with COVID-19
Pediatric Multisystem Inflammatory Syndrome

- NYC DOHMH Health Alert
- May 4th, 2020
  - 15 compatible cases identified in NYC pediatric intensive care units
  - Fever, features of Kawasaki disease and/or toxic shock syndrome, abdominal symptoms were prominent
- Intensive care required for cardiovascular and respiratory support
Pediatric Multisystem Inflammatory Syndrome

- NYSDOH Health Advisory
- From March 1 - May 5, 2020:
  - 64 compatible cases reported to NYSDOH in NYS, including NYC
  - Fever and abdominal symptoms may be prominent
  - Rash also may be present
  - Myocarditis and other cardiovascular changes may be seen
  - Majority required intensive care
  - Majority tested positive with PCR or antibody testing
NYSDOH Health Advisory PMIS

- Health Advisory - May 13th, 2020
- 102 suspected cases reported to NYSDOH, including NYC
- Suspected and confirmed cases in those under 21 years of age are required to be reported to the NYSDOH through the hospital survey system (HERDS) on the NYSDOH Health Commerce System (HCS)
- Test suspect cases with molecular and/or serologic assays

NYSDOH PMIS Temporally Associated with COVID-19 Interim Case Definition in NYS
NYSDOH PMIS Preliminary Findings

- As of 5/13/20
- 102 suspected cases reported to the NYSDOH
- Preliminary findings:
  - Predominantly school-aged children
  - 71% ICU
  - 19% intubation
  - 3 fatalities (5-18 year old age grouping)
- Testing
  - 87% positive on any testing for SARS-CoV-2 or antibodies
    - 60% tested positive on molecular testing
    - 41% tested positive on serologic testing (14% on BOTH)
    - 13% negative/indeterminate/not tested/pending (majority negative on PCR, not tested on serology)
- Further investigation and analysis being completed
- NYSDOH hosting a statewide webinar on the topic at 3-4pm for PICU and other specialist healthcare providers
NYSDOH Interim Case Definition: Pediatric Multi-System Inflammatory Syndrome Temporally Associated with SARS-CoV-2

• This is important because it:
  – Provides a new name to a syndrome and a definition of what it usually includes to enhance communication about the syndrome
  – Standardizes tracking over time and across locations
  – Is necessary to have a consistent definition before we can evaluate therapeutic interventions across institutions and research studies

• **Not** intended to guide clinical decision making
• **Will not** address every patient, these are general guiding factors
NYSDOH Interim PMIS Case Definition

- **Clinical Criteria:** An individual aged < 21 years with:
  - A minimum one-day history of subjective **OR** objective fever ($\geq 100.4^\circ F/38^\circ C$); **AND**
  - Hospitalization; **AND**
  - Either:
    - **One or more** of the following:
      - Hypotension or shock (cardiogenic or vasogenic)
      - Features of severe cardiac illness including but not limited to myocarditis, pericarditis, or valvulitis, significantly elevated troponin/pro-BNP, or coronary artery abnormalities
      - Other severe end-organ involvement including but not limited to neurological or renal disease (excluding severe respiratory disease alone)
    - **OR**
    - **Two or more** of the following:
      - Maculopapular rash
      - Bilateral non-purulent conjunctivitis
      - Mucocutaneous inflammatory signs (mouth, hands, or feet)
      - Acute gastrointestinal symptoms (diarrhea, vomiting, or abdominal pain); **AND**
  - The absence of a more likely diagnosis of the illness, e.g., bacterial sepsis or other viral infection.
NYSDOH Interim PMIS Case Definition

- **Laboratory Criteria:**

- **General Laboratory Criteria:** Two or more of the following markers of inflammation:
  - Neutrophilia, lymphopenia, thrombocytopenia, hypoalbuminemia, elevated C-reactive protein (CRP), erythrocyte sedimentation rate (ESR), fibrinogen, D-Dimer, ferritin, lactic acid dehydrogenase (LDH), interleukin 6 (IL-6), OR elevated procalcitonin

- **Virologic Laboratory Criteria:** One of the following SARS-CoV-2 laboratory results*
  - Detection of SARS-CoV-2 RNA in a clinical specimen using a molecular amplification detection test (e.g., RT-PCR) (or detection of SARS-CoV-2 antigen in a clinical specimen), at the time of presentation with this clinical picture or within the prior 4 weeks.
  - Detection of SARS-CoV-2 antibody in serum, plasma, or whole blood indicative of a new or recent infection.

  *Based on the use of an FDA authorized test
NYSDOH Interim PMIS Case Definition

Epidemiologic Criteria:
One or more of the following exposures in the 6 weeks prior to the onset of symptoms:

- Close contact with an individual with laboratory-confirmed SARS-CoV-2 infection.
- Close contact with an individual with illness clinically compatible with COVID-19 disease who had close contact with an individual with laboratory-confirmed SARS-CoV-2 infection.
- Travel to or residence in an area with sustained, ongoing community transmission of SARS-CoV-2.

Case Classifications:

- **Confirmed**: Meets clinical, general laboratory, and virologic laboratory criteria
- **Suspect**: Meets clinical, general laboratory, and epidemiologic criteria
Guidance on Therapeutics
Update on Hydroxychloroquine

- Observational studies
- Hospitalized patients
- More severely ill patients or those with risk factors were given HCQ
- Adjusted analyses
  - No benefit seen
  - HCQ with azithromycin was associated with significantly higher cardiac arrest
- Randomized controlled trials and studies in outpatients with earlier treatment are pending
Update on COVID-19 Therapeutics

- **NIAID Remdesivir Trial - ACTT Trial (Adaptive COVID-19 Treatment Trial (ACTT))**
  - Not yet published in the peer reviewed literature
  - DSMB identified the effect and NIAID felt it was ethical to report it out
  - ~1,060 patients, randomized controlled trial versus placebo
  - Recovered in 11 days versus 15 days (p=0.001)
  - Mortality trended toward better, but not statistically significant (8% versus 11%)
  - Promising because it opens the door to more research on effective therapeutics and lets us know we can treat this virus
  - NYS sites involved in this study

- Many other sites in NYS also engaged in clinical trials run by Gilead and in compassionate use / expanded access trials

- Lancet study out of China with 237 patients total (158 drug and 79 placebo)
  - no statistically significant difference in clinical benefit

- FDA EUA provided for severe illness in children and adults (intravenous medication)
COVID-19 Healthcare System Capacity

Marcus Friedrich, MD, MHCM, MBA, FACP
Chief Medical Officer, Office of Quality and Patient Safety
NYSDOH
COVID-19 Healthcare Surge Response

- Telehealth
- Healthcare system capacity
- Reopening of elective surgeries
- Volunteering
Medicaid Telehealth Updates and Guidance

NYSDOH COVID-19 Guidance for Medicaid Providers website

- **Webinar**: New York State Medicaid Guidance Regarding Telehealth, Including Telephonic, Services During the COVID-19 Emergency - **5.5.2020**
  - [Slides](PDF)
  - Recording *Coming Soon*

- **Frequently Asked Questions (FAQs)** on Medicaid Telehealth Guidance during the Coronavirus Disease 2019 (COVID-19) State of Emergency - [Web](PDF) - **Updated 5.1.2020**
Telehealth Guidance

- American College of Physicians Telehealth Resource:
  www.acponline.org/practice-resources/business-resources/health-information-technology/telehealth

- CDC Outpatient and Ambulatory Care Setting Guidance:

- Medicaid:
  www.health.ny.gov/health_care/medicaid/program/update/2020/
COVID-19 Weekly Healthcare Provider Update Compilation:  
As of May 6, 2020, 9:00 AM

The information in this compilation is current only as of the above date and time.

**Purpose:** The purpose of this weekly publication is to provide healthcare providers in New York State with a consolidated update of guidance released by the New York State Department of Health (NYSDOH) related to the COVID-19 pandemic response. This will show only current guidance for any given topic and will be updated to reflect new guidance.

As a reminder, all advisories and informational messages (including webinar invitations) are distributed through the Integrated Health Alerting Network System (IHANS), an application housed on the Health Commerce System (HCS). If you are not receiving IHANS notifications, please work with your site’s HCS coordinator. Additional COVID-19 resources may be found on the NYSDOH webpage under Information for Healthcare Providers.

Recordings of COVID-19 Weekly Healthcare Provider Updates are also available on the NYSDOH webpage.

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<td>Protocols for Personnel in Healthcare to Return to Work Following COVID-19 Exposure or Infection</td>
<td>3/31/20</td>
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For questions, contact covidproviderinfo@health.ny.gov
Quick Tips for Clinician Wellbeing in The Era of COVID-19

May 14, 2020

Louis S. Snitkoff, MD, FACP
Immediate Past-President
American College of Physicians, NY Chapter
Healthcare Provider/Physician Wellness

- The state is partnering with the Kate Spade New York Foundation and Crisis Text Line to provide a 24/7 emotional support service for frontline healthcare workers.
- Workers can text NYFRONTLINE to 741-741 to access these emotional support services.
- New York State-regulated health insurers will be required to waive cost-sharing, including deductibles, copayments and coinsurance, for in-network mental health services for frontline essential workers during COVID-19.
# Healthcare Provider Well-being Resources

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| NAM    | AHRQ well-being  
         | AHRQ burnout  |
| AMA    | NIH   |
| IHI    | Stanford |
Dear Colleague,

With deep appreciation and respect for your dedicated effort during the COVID-19 pandemic, I am inviting you to participate in a confidential online survey to assess the health impact of the COVID-19 pandemic on the New York State health care workforce. The study is being conducted by a consortium of NY universities and institutions, including Columbia University, NYU, CUNY Public Health, Hunter College, and the New York State Psychiatric Institute. Your identifiable data will be held by the university researchers and will not be shared with anyone. Participant responses are anonymous; research data are archived without any identifiable information, and contact information is held separately.

Immediate findings from their research will be shared with the policy, practice, and research communities within 7 days of data collection, so that it may be useful to the health workforce and to our ongoing COVID-19 response planning.

The survey will provide important insights to understand how to best address the needs of healthcare personnel who are on the front lines and shouldering critical responsibilities in the face of great personal risk. Additionally, the research team wants to hear from all healthcare personnel, even if you are not presently deployed on the front lines of the COVID-19 response.

Participation is completely voluntary and confidential. If you choose to participate, the questionnaire will take approximately 10 minutes.

To learn more about the study and to participate, please click on the link below:

https://redcap.nysci.org/surveys/?s=NX0T7CHK3TW

Sincerely,

Howard Zucker, M.D., J.D.
Commissioner of Health

For questions, contact covidproviderinfo@health.ny.gov
CDC COVID Website

Coronavirus Disease 2019 (COVID-19) — Information for Providers

Daily Syndromic and Case Data Update

The following documents provide information about people confirmed to have COVID-19 in NYC. They will be updated each weekday morning.

The total number of positive cases in the city are updated continuously. This update reflects data as of the previous day at 6 p.m. Due to public health guidance that people with mild illness stay home and not get tested, these data may not reflect the true number of positive COVID-19 cases in NYC and may overrepresent the volume of hospitalized cases.

As of March 18, 6 p.m.:

- COVID-19 Daily Case Data Summary (PDF)
- NYC Flu-like Illness Data 2016-Current (PDF)
Mental Health Resources

Guidance Documents

As defined in section 202-e of the State Administrative Procedure Act, a guidance document is any guideline, memorandum or similar document, prepared by an agency, that provides general information or guidance to assist regulated parties in complying with any statute, rule or other legal requirement. This term does not include documents that concern only the internal management of the agency, such as a policy that applies only to an OMH operated facility or program.

Current OMH Guidance Documents:

Guidance on COVID-19

- OMH Psychiatric Center Visitor Restriction Guidance (3/14/2020)
- COVID-19 Guidance for Children’s Waiver Service Providers (3/14/2020)
- DOH Medicaid Updates – Special Editions
- COVID-19 Guidance for Health Homes (3/14/2020)
- Guidance for NY’s Behavioral Health Programs (3/11/2020)
- Interim Guidance for Cleaning and Disinfection of Public and Private Facilities for COVID-19
- Interim Guidance for Large Gatherings and Public Spaces During the COVID-19 Outbreak
- OMH Guidance for Managing Stress and Anxiety During the COVID-19 Outbreak

COVID-19 Telemental Health Guidance

- Supplemental Guidance – Use of Telehealth for People Served by OMH Licensed or Designated Programs Affected by the Disaster Emergency (REVISED - 3/13/2020)
- Self-Attestation of Compliance to Offer Telemental Health Services (REVISED - 3/13/2020)
- DOH Medicaid Update Special Edition: COVID-19 Telephonic Communication Services
- OASAS Telepractice Waiver Update
- Interim Guidance Regarding the Delivery of Services Through the Use of Telehealth Modalities in Facilities Certified or Operated by OPWDD
- Use of Telemental Health for People Affected by the Disaster Emergency (3/11/2020)
Feeling Stressed About Coronavirus (COVID-19)?
Managing Anxiety in an Anxiety-Provoking Situation

The outbreak of COVID-19 around the world has led to the spread of fear and panic for individuals and communities. In addition to following physical precautions guidelines, individuals should be taking care of their psychological well-being.

This guide includes tips for the following populations:
- For Everyone
- For Individuals Receiving Mental Health Services
- For Parents, Including Parents of Children with Pre-Existing Anxiety Disorders
- For Caregivers of Older Adults
- For Mental Health Providers

For Everyone:
- Reduce anxiety by reducing risk. Ways to reduce risk include practicing good hygiene (e.g.,
Mental Health Resources

• NYS Mental Health Helpline
  1-844-863-9314

• The helpline is staffed by specially trained volunteers, including mental health professionals, who have received training in crisis counseling related to mental health consequences of infectious disease outbreaks, typical stress reactions, anxiety management, coping skills, and telephonic counseling.
NYSDOH COVID-19 Website

Novel Coronavirus (COVID-19)

Protect Yourself and Your Family

Stay home and keep a safe distance from others in public. It's the only way to help slow the spread of Coronavirus.

WATCH VIDEO  SYMPTOMS

Last Updated: March 17, 2020 at 8:15 PM
Symptoms

The 2019 novel coronavirus may cause mild to severe respiratory symptoms.

COVID-19 Testing

Learn more about testing protocol now that the FDA has approved New York to begin its own testing.

- OVERVIEW
- MOBILE TESTING
- PROTOCOL FOR TESTING

Know Your Rights

The health and safety of New Yorkers is the top priority, co-pays for telehealth visits have been waived.

- TESTING
- INSURANCE
- UNEMPLOYMENT
NYSDOH COVID-19 Website

NYS on PAUSE Extended
All non-essential workers must continue to work from home and schools will be closed through April 29th.

10 POINT POLICY
ESSENTIAL BUSINESS

LAST UPDATED: APRIL 15, 2020 AT 8:45PM
What You Need to Know
ATTENTION ALL PATIENTS

STOP

If you have

- fever
- cough
- trouble breathing

Call this number ____________________.
Tell them your symptoms.
Ask where you should go and what you should do.
Put on a mask before going inside.

NO VISITORS ARE ALLOWED AT THIS TIME

If you feel there is an urgent need for visitation, please contact ____________________.

DO NOT VISIT
Face Masks and Coverings for COVID-19

- You must wear a face mask or face covering in public when social distancing (staying at least 6 feet apart) is not possible, unless a face covering is not medically tolerated. This includes on public transport, in stores and on crowded sidewalks.

- Children over 2 years of age should wear a face mask in public. Children under 2 years of age should NOT wear face coverings for safety reasons.

- Cloth face coverings should be made from fabric you can’t see through when held up to the light. They must be cleaned before reusing.

- Disposable paper face masks should be used for one outing outside the home. They cannot be properly cleaned.

- The best way to prevent COVID-19 is to continue social distancing (staying at least 6 feet away from others), even when wearing a face covering.

Putting On Face Covering

- **DO** clean your hands with soap and water or if that’s not available, alcohol-based hand sanitizer, before putting on your face covering.

- Make sure the face covering covers both your nose and mouth.

- DON’T wear your mask hanging under your nose or mouth or around your neck. You won’t get the protection you need.

- DON’T wear the face covering on top of your head, or take it off and on repeatedly. Once it’s in place, leave the covering in place until you are no longer in public.

Taking Off Face Covering

- **DO** clean your hands with soap and water or if that’s not available, alcohol-based hand sanitizer, before taking off your face covering.

- Remove your mask only touching the straps.

- Discard the face covering if it is disposable. If you are reusing (cloth), place it in a paper bag or plastic bag for later.

- Wash your hands again.

- When cleaning a cloth face covering, **DO** put it in the washer (preferably on the hot water setting).

- Dry in dryer at high heat. When it is clean and dry, place in a clean paper or plastic bag for later use. If you live in a household with many people, you might want to label the bags with names so the face coverings are not mixed up.

Questions or Concerns

- Call the local health department [www.health.ny.gov/contact/contact_information/](http://www.health.ny.gov/contact/contact_information/)

- In New York City: Notify the NYC DOHMH provider access line (PAL)
  - 1-866-NYC-DOH1 or 1-866-692-3641 (works 24 hours/day x 7 days/week)

- Providers who are unable to reach the LHD can contact the NYSDOH Bureau of Communicable Disease Control at **518-473-4439** during business hours or the NYSDOH Public Health Duty Officer at **1-866-881-2809** evenings, weekends, and holidays
SHARE YOUR VIDEO ENCOURAGING ALL NYERS TO WEAR A MASK (< 30 seconds)

SHARE YOUR VIDEOS ENCOURAGING ALL NYERS TO WEAR A MASK

Calling All New Yorkers

Please submit a video that shows New Yorkers why it is so important to wear a mask in public. Videos should be less than 30 seconds long and show a mask properly worn over the mouth and nose. The top five videos will be posted and New Yorkers can vote for their favorite. The winning video will be used as a Public Service Announcement (PSA).

Videos must be submitted by May 15th.

Share Your Submission on Your Social Channels and Tag Us

Tag: #NewYorkTough
Tag us:
Twitter @nygovcuomo
Instagram @nygovcuomo
Facebook @GovernorAndrewCuomo
QUESTIONS?

TO NYS’ HEALTHCARE PROVIDERS

THANK YOU!