An Update for NYS Healthcare Providers on COVID-19

May 21, 2020

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New York State Department of Health
Agenda

- Global, National, New York State Updates
- Testing Updates
- Contact Tracing and Community Mitigation
- Multi-System Inflammatory Syndrome in Children
- Telehealth
- Healthcare System Capacity
- Reopening elective surgeries
- Healthcare Provider Wellness and Survey
- Resources
- Pre-planned Q & A: Chat box not feasible with level of attendance
Upcoming Calls

Update: Future weekly calls will be held on Thursdays 1-2 PM throughout May

- Recordings will be available immediately: [NYSDOH COVID-19 Healthcare Provider website](#)
- In addition to YouTube, an on-demand version of our weekly sessions for healthcare providers in NYS is now available as a podcast – search NYSDOH
Disclaimer

• The situation is rapidly evolving, as is our understanding of this new virus.

• All of the information presented is based on our best knowledge as of today.
### Situation Summary: COVID-19 Global, 5/20/2020


<table>
<thead>
<tr>
<th>Region</th>
<th>Confirmed Cases</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Global</td>
<td>4,789,205</td>
<td>318,789</td>
</tr>
<tr>
<td>Western Pacific</td>
<td>169,955</td>
<td>6780</td>
</tr>
<tr>
<td>European</td>
<td>1,928,799</td>
<td>169,033</td>
</tr>
<tr>
<td>South-East Asia</td>
<td>156,211</td>
<td>4971</td>
</tr>
<tr>
<td>Eastern Mediterranean</td>
<td>361,902</td>
<td>10,303</td>
</tr>
<tr>
<td>Africa</td>
<td>65,956</td>
<td>1846</td>
</tr>
<tr>
<td>Americas</td>
<td>2,105,670</td>
<td>125,843</td>
</tr>
</tbody>
</table>
Situation Summary: COVID-19 Global, 5/20/2020

www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

Figure 1. Number of confirmed COVID-19 cases reported in the last seven days by country, territory or area, 14 May to 20 May**
Situation Summary: COVID-19 Global, 5/20/2020

www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

Figure 2. Number of confirmed COVID-19 cases, by date of report and WHO region, 30 December 2019 through 20 May 2020**

- Total cases: 1,528,235; new cases since 5/19 23,405
- Total deaths: 91,664; new deaths since 5/19 1,324


New Cases by Day

The following chart shows the number of new cases of COVID-19 reported by day in the U.S. since the beginning of the outbreak.
NYSDOH COVID-19 Tracker (May 19, 2020)
Found at: NYSDOH COVID-19 website

Daily Totals: Persons Tested and Persons Tested Positive

Hover over a bar to see details

[Graph showing daily totals of persons tested and persons tested positive]
### Fatalities by County

The increase in fatalities reflects new data reported Wednesday, May 6 in addition to confirmed fatalities within nursing homes and adult care facilities that were identified as part of a data reconciliation process earlier this week. [Click here for additional detail.](https://www.ny.gov/covid19+)

<table>
<thead>
<tr>
<th>County</th>
<th>Place of Fatality</th>
<th>Deaths by County of Residence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grand Total</td>
<td>22,976</td>
<td>22,976</td>
</tr>
<tr>
<td>Albany</td>
<td>132</td>
<td>92</td>
</tr>
<tr>
<td>Allegany</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Bronx</td>
<td>2,891</td>
<td>3,139</td>
</tr>
<tr>
<td>Broome</td>
<td>37</td>
<td>39</td>
</tr>
<tr>
<td>Cattaraugus</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Cayuga</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Chautauqua</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>Chemung</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>Chenango</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Clinton</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Columbia</td>
<td>32</td>
<td>34</td>
</tr>
<tr>
<td>Cortland</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Delaware</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Dutchess</td>
<td>134</td>
<td>131</td>
</tr>
<tr>
<td>Erie</td>
<td>455</td>
<td>437</td>
</tr>
</tbody>
</table>
### Fatalities by Race/Ethnicity

Data is preliminary. With 98% reporting, below is the breakdown for NYS excluding NYC. With 53% reporting, below is the breakdown for NYC as provided by NYCDOMH.

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>NYC</th>
<th>NYS Excl. NYC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hispanic</td>
<td>34%</td>
<td>15% (12% of population)</td>
</tr>
<tr>
<td>Black</td>
<td>28%</td>
<td>18% (9% of population)</td>
</tr>
<tr>
<td>White</td>
<td>27%</td>
<td>59% (74% of population)</td>
</tr>
<tr>
<td>Asian</td>
<td>7%</td>
<td>4% (4% of population)</td>
</tr>
<tr>
<td>Other</td>
<td>4%</td>
<td>4% (1% of population)</td>
</tr>
</tbody>
</table>

### Fatalities by Age Group

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Fatality Count</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>90 &amp; Over</td>
<td>3,123</td>
<td>13.5%</td>
</tr>
<tr>
<td>80 to 89</td>
<td>5,910</td>
<td>25.7%</td>
</tr>
<tr>
<td>70 to 79</td>
<td>6,005</td>
<td>26.2%</td>
</tr>
</tbody>
</table>

### Fatalities by Sex

<table>
<thead>
<tr>
<th>Sex</th>
<th>Count</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>9,615</td>
<td>(41.9%)</td>
</tr>
<tr>
<td>Male</td>
<td>13,352</td>
<td>(58.1%)</td>
</tr>
<tr>
<td>Unknown</td>
<td>9</td>
<td>(0.0%)</td>
</tr>
</tbody>
</table>
NYS COVID-19 Healthcare Utilization

• Currently hospitalized: 5,187 (*decreased by 383*)
  • Newly hospitalized (3-day average): 246

• Current ICU: 1,695 (*decreased by 66*)
  • Current Intubation: 1,345 (*decreased by 76*)

• Cumulative discharges: 62,826

• Fatalities: 105 (*compared to day prior 112*)

• Continue to see decreases in hospitalization, ICU, and intubation numbers
SARS-CoV-2 Testing for COVID-19
NYS Specimen Collection Sites - COVID-19 Testing

• **NYSDOH Find Test Site Near You Website**
  – NYS specimen collection sites, healthcare settings, and other
  – More than 700 specimen collection or testing sites have been identified

• For the NYS specimen collection sites:
  – Call the New York State COVID-19 Hotline at 1-888-364-3065
  OR
  – Visit the NYSDOH website [www.covid19screening.health.ny.gov](http://www.covid19screening.health.ny.gov) to be screened for eligibility, and if eligible, have an appointment set up at one of the State’s testing sites
NYS Criteria for COVID-19 Testing

• Diagnostic testing for COVID-19 shall be authorized by a health care provider when:
  • An individual is symptomatic or has a history of symptoms of COVID-19 (e.g. fever, cough, and/or trouble breathing), particularly if the individual is 70 years of age or older, the individual has a compromised immune system, or the individual has an underlying health condition
  • OR, An individual has had close (i.e. within six feet) or proximate contact with a person known to be positive with COVID-19 (precautionary or mandatory quarantine)
  • OR, An individual is employed as a health care worker, first responder, or other essential worker who directly interacts with the public while working
  • OR, An individual presents with a case where the facts and circumstances – as determined by the treating clinician in consultation with state or local department of health officials – warrant testing
  • OR, Any individual who would return to workplace in Phase 1
NYS Sites for COVID-19 Testing

Albany SUNY Drive Through
Drive-thru
📍 1400 Washington Ave, Albany, NY 12206
📞 (888) 364-3065
⏰ Open now: 8AM-6PM
✓ Appointment Required ✓ Screening Required

APPOINTMENT IS REQUIRED. Individuals who would like to be tested must make an appointment by calling NYS COVID-19 Hotline 888-364-3065. NO WALK-INS allowed. All patients must remain in the vehicle.
Source: https://coronavirus.health.ny.gov/covid-19-testing
* Verified by phone

Whitney M. Young, Jr. Health Center
📍 920 Lark Drive, Albany, NY 12207
📞 (518) 465-4771
⏰ Closed now
✓ Appointment Required ✓ Screening Required
✓ Restrictions Apply
* Verified by phone

Report an error
COVID-19 Testing Next Steps

You are being tested for a virus that causes COVID-19. If you have symptoms of the disease, or if you have been in contact with someone who is infected, you will be asked to stay apart from others. This is also called isolation or quarantine. COVID-19 spreads easily. Staying apart helps stop the disease from spreading.

Symptoms Include:
- Fever, cough, difficulty breathing
- Other symptoms may include: Chills, muscle aches, headache, sore throat, abdominal pain, vomiting, diarrhea, runny nose, fatigue, wheezing, or new loss of taste or smell

If You are an Essential Worker:
- You can ONLY return to work while you wait for your test results if:
  - You have employer’s permission to do so
  - You DO NOT have symptoms
  - And you have NOT had contact with a person known to have COVID-19

In addition, you must continue to:
- Practice social distancing (stay more than 6 feet from others)
- Use appropriate personal protective equipment (PPE)
- Wear a mask when less than 6 feet away from others in public
- Take your temperature and monitor your symptoms daily

You Should Be Isolated if:
- You have symptoms and think you may have been infected with the virus.

You Should Be Quarantined if:
- You have been in close contact with someone known to have COVID-19, even if you don’t have symptoms. Close contact means sharing the same household, direct physical contact, or being within six feet for more than 10 minutes.

See back for more information.

www.coronavirus.health.ny.gov
# Contact Tracing Tool

for People Being Tested for COVID-19

If you test positive for COVID-19, you will get a call from a public health representative to identify any contacts you have had. This form can help you identify your contacts so you will be ready for the call.

**STEP 1**

Identify date of first symptoms
If you have had symptoms, put the date you first felt sick OR if you have had no symptoms then put your date of testing.

SUBTRACT 2 DAYS: _______ / _____ = YOUR CONTACT TRACING DATE

**STEP 2**

Who has been in your house with you since your contact tracing date?
Include people who live in your home, and people who may have visited like friends, a babysitter, or anyone else who provided in-home services.

<table>
<thead>
<tr>
<th>Name of Person</th>
<th>Date Last in Home</th>
<th>Their Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
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<tr>
<td>2</td>
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**STEP 3**

Make a list of what you did each day since your contact tracing date with as much detail as possible, include things like hanging out with neighbors, going to work, running errands, appointments, social or recreational activities outside the house, and if you used public transportation to get there. Use another piece of paper if needed.

<table>
<thead>
<tr>
<th>Day One: _______ / _____</th>
<th>People you were with</th>
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</thead>
<tbody>
<tr>
<td>Activity</td>
<td>Location</td>
</tr>
<tr>
<td></td>
<td>Name</td>
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<tr>
<td></td>
<td>Address</td>
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<td>Phone Number</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Day Two: _______ / _____</th>
<th>People you were with</th>
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</thead>
<tbody>
<tr>
<td>Activity</td>
<td>Location</td>
</tr>
<tr>
<td></td>
<td>Name</td>
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<td>Address</td>
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<table>
<thead>
<tr>
<th>Day Three: _______ / _____</th>
<th>People you were with</th>
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</thead>
<tbody>
<tr>
<td>Activity</td>
<td>Location</td>
</tr>
<tr>
<td></td>
<td>Name</td>
</tr>
<tr>
<td></td>
<td>Address</td>
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<td>Phone Number</td>
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<table>
<thead>
<tr>
<th>Day Four: _______ / _____</th>
<th>People you were with</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity</td>
<td>Location</td>
</tr>
<tr>
<td></td>
<td>Name</td>
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<tr>
<td></td>
<td>Address</td>
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</tbody>
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To order materials from NYSDOH:

bmcc@health.ny.gov

Available in Spanish

NYSDOH Contact Tracing Tool
For Their Contacts

To order materials from NYSDOH:

bmcc@health.ny.gov

NYS Contact Tracing Answer the Phone
Pharmacy-Based Specimen Collection for COVID-19

• On 5/16/20 and 5/19/20 NYSDOH sent information to pharmacies which included guidance and training regarding specimen collection, pharmacist requirements, healthcare provider notification, and state reporting requirements, testing site considerations, testing protocol, patient counseling, PPE requirements, and information regarding how pharmacies can apply to perform testing as a Limited Service Laboratory (LSL)

• NYS issued Insurance Circular Letter No. 11 (2020), which directed insurers to provide coverage of COVID-19 tests in accordance without imposing copayments, coinsurance, or deductibles for nursing home and adult care facility personnel. This supports reimbursement to pharmacies that may administer COVID-19 diagnostic tests, to nursing home and adult care facility personnel
SARS-CoV-2 Diagnostic Testing

What is SARS-CoV-2?
SARS-CoV-2 stands for Severe Acute Respiratory Syndrome Coronavirus Type 2, which is the name of the virus causing the current COVID-19 public health emergency.

What are the symptoms of COVID-19?
Symptoms of COVID-19 may include fever, cough, shortness of breath or difficulty breathing. Other symptoms have been reported including chills, muscle aches, headache, sore throat, abdominal pain, vomiting, diarrhea, runny nose, fatigue, wheezing, and new loss of taste or smell. Some people with COVID-19 develop symptoms and some do not. Both symptomatic and asymptomatic individuals can transmit COVID-19 to others. Talk to your health care provider if you have any of these symptoms.

How do I know if I am infected with SARS-CoV-2?
Diagnostic tests detect SARS-CoV-2 in samples collected from your nose or throat. A diagnostic test is the only way to know if you are infected with SARS-CoV-2. These tests can be performed for those with or without symptoms.

How does the SARS-CoV-2 diagnostic test work?
The test uses a technique called Polymerase Chain Reaction (PCR) to determine if genetic material from the virus is present in the sample collected. If there is no SARS-CoV-2 virus present in the sample, then no genetic material will be detected.

My report says I have a positive result. What does that mean?
This means you have SARS-CoV-2 COVID-19. You should consult with your health care provider, who will monitor your symptoms and provide guidance about how your illness should be managed. It is important to understand that, if you are infected with SARS-CoV-2, you may transmit this virus to others. You should follow NYSDOH guidance about isolation and physical distancing.

My report says I have a negative result. What does that mean?
A negative test result means that SARS-CoV-2 was not detected in your sample. However, a negative result does not guarantee that you are not infected. If you continue to feel unwell or develop symptoms resembling those of COVID-19, you should isolate yourself and ask your health care provider if you should be tested again. If you had close contact with someone known to have COVID-19, you should remain in quarantine for 14 days after exposure, even if you had a negative test result.

My report says I have an inconclusive or indeterminate result. What does that mean?
This means that the test was not able to determine whether SARS-CoV-2 was or was not present. Talk to your health care provider, as they may decide you should be tested again.

For more information on COVID-19 in NYS go to: https://health.ny.gov/coronavirus

New York State Department of Health
5/20
NYSDOH Health Advisory on COVID-19 Serology Assays

Q&A’s provided to answer patient and community questions on serology
Available Molecular Assays

www.fda.gov/medical-devices/emergency-situations-medical-devices/emergency-use-authorizations#covid19ivd

- There are **63** PCR-based assays for SARS-CoV-2 that have been authorized under the FDA’s EUA process
- The majority of these are assays that can be used in a high-complexity laboratory
- Three are waived assays
- There may be supply chain issues for reagents (ideally, it is good for laboratories to have multiple platform options to give more flexibility)
Available Serology Assays


• 12 assays are FDA approved for use in moderate or high complexity laboratories
  – 7 are IgG and IgM tests or total antibody tests, 5 are IgG only serologic assays
  – There are no waived tests to detect antibodies to SARS-CoV-2 (no point of care tests)
• **NYSDOH recommends only using FDA EUA tests**

• There are over 150 serology assays listed on the FDA website
• **These are NOT FDA reviewed, nor approved.**
• Be aware of these disclaimers if you use these tests
  – This test has not been reviewed by the FDA.
  – Negative results do not rule out SARS-CoV-2 infection, particularly in those who have been in contact with the virus. Follow-up testing with a molecular diagnostic should be considered to rule out infection in these individuals.
  – Results from antibody testing should not be used as the sole basis to diagnose or exclude SARS-CoV-2 infection or to inform infection status.
  – Positive results may be due to past or present infection with non-SARS-CoV-2 coronavirus strains, such as coronavirus HKU1, NL63, OC43, or 229E.
Serosurveys – Preliminary Data

- Antibody surveys were conducted in lower-income NYC communities and communities of color
- ~8,000 people tested
- 27% of people tested positive
- Highest rates in Bronx, Brooklyn, Queens
- NYC overall population of 19.9%
- NYS will expand testing sites in predominantly minority communities, at churches, public housing developments, and other sites, in partnership with SOMOS and Northwell Health
- Expand hand sanitizer, health outreach and education, access to PPE
# Serosurveys – Preliminary Data

<table>
<thead>
<tr>
<th>Occupation</th>
<th>Percent Positive</th>
<th>Percent of General Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>NYC Transit Workers</td>
<td>14.2%</td>
<td></td>
</tr>
<tr>
<td>NYC Healthcare Workers</td>
<td>12.2%</td>
<td></td>
</tr>
<tr>
<td>NYPD</td>
<td>10.5%</td>
<td>NYC General Population: 19.9%</td>
</tr>
<tr>
<td>FDNY</td>
<td>17.1%</td>
<td></td>
</tr>
<tr>
<td>DOCCS</td>
<td>7.5%</td>
<td>NYS General Population: 12.3%</td>
</tr>
<tr>
<td>State Police</td>
<td>3.1%</td>
<td></td>
</tr>
<tr>
<td>Office of Court Admin.</td>
<td>11.5%</td>
<td></td>
</tr>
</tbody>
</table>
Face Masks and Coverings for COVID-19

- You must wear a face mask or face covering in public when social distancing (at least 6 feet apart) is not possible, unless a face covering is not medically tolerated. This includes on public transport, in stores, and on crowded sidewalks.

- Children over 2 years of age should wear a face mask in public, too. Children under 2 years of age should NOT wear face coverings for safety reasons.

- Cloth face coverings should be made from fabric you can see through when held up to the light. They must be cleaned before reusing.

- Disposable paper face masks should be used for one outing outside the home. They cannot be properly cleaned.

- The best way to prevent COVID-19 is to continue social distancing (playing at least 6 feet away from others), even when wearing a face covering.

Putting On Face Covering

- **DO** clean your hands with soap and water or if that's not available, alcohol-based hand sanitizer, before putting on your face covering.
- **DO** make sure the face covering covers both your nose and mouth.
- **DON'T** wear your mask hanging under your nose or mouth or around your neck. You won't get the protection you need.
- **DON'T** wear the face covering on top of your head, or take it off and on repeatedly. Once it is in place, leave the covering in place until you are no longer in public.

Taking Off Face Covering

- **DO** clean your hands with soap and water or if that's not available, alcohol-based hand sanitizer, before taking off your face covering.
- **DO** remove your mask only touching the straps.
- **DO** discard the face covering if it is disposable. If you are reusing a cloth, place it in a paper bag or plastic bag for later.
- **Do** wash your hands again.
- **Do** when cleaning a cloth face covering, put in the washer (preferably on the hot water setting).
- **Do** dry in dryer at high heat. When it is clean and dry, place in a clean paper or plastic bag for later use. If you live in a household with many people, you might want to label the bags with names so the face coverings are not mixed up.
COVID-19 Symptom Check

I am deaf or hard of hearing. I am using this card to communicate. I may need a certified sign language interpreter, captioning or other ways to communicate. I have circled the best ways to communicate with you.

Quick Communication

- YES
- NO
- DON'T KNOW

THIS IS MY LEVEL OF PAIN:

- No Pain
- Mild Pain
- Moderate Pain
- Severe Pain
- Very Severe Pain
- Worst Possible Pain

THESE ARE MY SYMPTOMS:

- Fever
- Cough
- Shortness of Breath
- Sore Throat
- Lost Sense of Taste/Smell
- Muscle Aches
- Chills
- Headache

OTHER SYMPTOMS I HAVE:

I HAVE HAD SYMPTOMS THIS MANY DAYS:

1 2 3 4 5 6 7 8 9 10 11 12 13 14

I HAVE HAD CLOSE CONTACT WITH SOMEONE (within 6 feet) WHO HAS COVID-19:

- Yes
- No
- Unsure
Contact Tracing
Contact Tracing – Test-Trace-Isolate

Get Involved: How You Can Help

GET INVOLVED

New York State is doing all it can to keep New Yorkers safe and stop the spread of COVID-19. But we’re stronger if we all work together. Governor Cuomo is calling on health care professionals, schools of public health or medicine and PPE products providers and manufacturers to come forward to support the state’s response. It’s going to be hard, it’s going to be disruptive, but we will get through this together.

BE PART OF AN EFFORT TO RE-OPEN OUR COMMUNITIES

NYS Contact Tracing Initiative

Contact Tracers
Reach out to the contacts of anyone diagnosed with COVID-19 to assess symptoms, ensure compliance with quarantine and determine social support needs

Team Supervisors
Lead a team of 20 Contact Tracers, and one Community Support Specialist who are working remotely using digital tools

Community Support Specialists
Work with the team to address the support needs of those who are contacts, especially those who are under isolation or quarantine

APPLY ONLINE

APPLY ONLINE

APPLY ONLINE
Contact Tracing – Test-Trace-Isolate

- Public health will interview patients positive on molecular testing, ensure the patient is isolated appropriately, and determine close contacts
- The NYS Contact Tracing Team will identify and interview the close contacts to determine their risk of exposure
- Provide those contacts with instructions for isolation or quarantine, as appropriate
- Monitor their symptoms through text messages
- Refer them to testing, if appropriate
- And connect contacts to social service assistance, such as housing, food, or medicine, while they are quarantined or isolated
Community Mitigation and Re-opening Strategies
NYS Community Mitigation and Reopening Strategy

• **Reopening – Phase 1**
  – Curbside and in-store pickup: Pre-order, 50% capacity, social distancing, masks
  – Capital Region, Western New York, Central New York, North County, Finger Lakes, Southern Tier and Mohawk Valley Regions have met all seven metrics required to begin

• **NY on PAUSE continues through May 28th**
  – Non-essential businesses will remain closed

• **Starting today, May 21st, religious gatherings of no more than 10 people will be allowed statewide.**
  – Social distancing measures and participants must wear masks
  – Drive-in and parking lot services

• **Tomorrow, public and private beaches** will open with certain restriction ahead of Memorial Day weekend
  – 50% capacity
  – Social distancing, masks, and no social gatherings

• **No in-person summer school** (distance learning will continue)
### Regional COVID-19 Metrics: Where Regions Currently Stand

**Report as of May 20, 2021**

<table>
<thead>
<tr>
<th>Regions</th>
<th>14-Day Decline in Hospitalizations % (Last 15 days avg)</th>
<th>14-Day Decline in Hospital Deaths % (Last 5 days avg)</th>
<th>New Hospitalizations (Under 3 per 100K residents - 3-day rolling avg)</th>
<th>Share of total beds available (Threshold of 75%)</th>
<th>Share of ICU beds available (Threshold of 50%)</th>
<th>30 per 10K residents tested monthly (2-day avg of new tests per day)</th>
<th>Contact tracers 30 per 100K residents or based on infection rate</th>
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<td>Capital Region</td>
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<td>✓</td>
<td>6</td>
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<td>8</td>
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<td>✓</td>
<td>1.20</td>
</tr>
<tr>
<td>Finger Lakes</td>
<td>0</td>
<td>3</td>
<td>✓</td>
<td>8</td>
<td>1</td>
<td>✓</td>
<td>1.20</td>
</tr>
<tr>
<td>Long Island</td>
<td>0</td>
<td>0</td>
<td>✓</td>
<td>8</td>
<td>0</td>
<td>✓</td>
<td>1.20</td>
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<tr>
<td>Mid-Hudson</td>
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<td>6</td>
<td>1</td>
<td>✓</td>
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<tr>
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<td>15</td>
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<td>0.00</td>
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<tr>
<td>Southern Tier</td>
<td>6</td>
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<td>✓</td>
<td>8</td>
<td>0</td>
<td>✓</td>
<td>0.00</td>
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<tr>
<td>Western New York</td>
<td>1</td>
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<td>✓</td>
<td>8</td>
<td>3</td>
<td>✓</td>
<td>1.20</td>
</tr>
</tbody>
</table>

**Metrics Met**

- Capital Region: 7/7
- Central New York: 7/7
- Finger Lakes: 7/7
- Long Island: 7/7
- Mid-Hudson: 7/7
- Mohawk Valley: 7/7
- New York City: 7/7
- North Country: 7/7
- Southern Tier: 7/7
- Western New York: 7/7
NYS Reopening Strategy

- Regions must have (based on CDC guidelines):
  - **New infections:**
    - At least 14 days of decline in total net hospitalizations and deaths on a 3-day rolling average
    - Region cannot exceed 15 net new total hospitalizations or 5 new deaths on a 3-day rolling average
    - Region must have fewer than two new COVID patients admitted per 100,000 residents per day
  - **Healthcare capacity:**
    - At least 30 percent total hospital and ICU beds available
    - Hospitals have at least 90 days of personal protective equipment stockpiled
NYS Reopening Strategy

• Regions must have (based on CDC guidelines):
  – **Molecular testing capacity:**
    • The capacity to conduct 30 molecular tests for every 1,000 residents per month
  – **Contact tracing capacity:**
    • A baseline of 30 contact tracers for every 100,000 residents or based on infection rate set by the Department of Health, in collaboration with the Johns Hopkins University School of Public Health and Vital Strategies
Multisystem Inflammatory Syndrome Associated with COVID-19 in Children (MIS-C)
Pediatric Multisystem Inflammatory Syndrome

- The United Kingdom and Europe reported a possible link was reported between COVID-19 and a serious inflammatory disease recently termed “Pediatric Multi-System Inflammatory Syndrome Temporally Associated with COVID-19.”

Royal College of Paediatrics and Child Health Guidance: Paediatric Multisystem Inflammatory Syndrome Temporally Associated with COVID-19
Pediatric Multisystem Inflammatory Syndrome

- NYC DOHMH Health Alert
- May 4th, 2020
  - 15 compatible cases identified in NYC pediatric intensive care units
  - Fever, features of Kawasaki disease and/or toxic shock syndrome, abdominal symptoms were prominent
- Intensive care required for cardiovascular and respiratory support
Pediatric Multisystem Inflammatory Syndrome

- NYSDOH Health Advisory
- From March 1 - May 5, 2020:
  - 64 compatible cases reported to NYSDOH in NYS, including NYC
  - Fever and abdominal symptoms may be prominent
  - Rash also may be present
  - Myocarditis and other cardiovascular changes may be seen
  - Majority required intensive care
  - Majority tested positive with PCR or antibody testing
NYSDOH Health Advisory PMIS

- Health Advisory - **May 13th, 2020**
- 102 suspected cases reported to NYSDOH, including NYC
- Suspected and confirmed cases in those under 21 years of age are required to be reported to the NYSDOH through the hospital survey system (HERDS) on the NYSDOH Health Commerce System (HCS)
- Test suspect cases with molecular and/or serologic assays

NYSDOH PMIS Temporally Associated with COVID-19 Interim Case Definition in NYS
NYSDOH MIS-C Preliminary Findings

• As of 5/20/20
• **157 suspected cases** reported to the NYSDOH
• 3 fatalities (5-18 year old age grouping)
• Further investigation and analysis being completed
• NYSDOH hosting a second statewide webinar on the topic at 3-4pm for PICU and other specialist healthcare providers
NYSDOH Interim Case Definition: Pediatric Multi-System Inflammatory Syndrome Temporally Associated with SARS-CoV-2

- This is important because it:
  - Provides a new name to a syndrome and a definition of what it usually includes to enhance communication about the syndrome
  - Standardizes tracking over time and across locations
  - Is necessary to have a consistent definition before we can evaluate therapeutic interventions across institutions and research studies

- **Not** intended to guide clinical decision making

- **Will not** address every patient, these are general guiding factors
NYSDOH Interim PMIS Case Definition

- **Clinical Criteria**: An individual aged < 21 years with:
  - A minimum one-day history of subjective OR objective fever (≥ 100.4° F/38° C); **AND**
  - Hospitalization; **AND**
  - Either:
    - **One or more** of the following:
      - Hypotension or shock (cardiogenic or vasogenic)
      - Features of severe cardiac illness including but not limited to myocarditis, pericarditis, or valvulitis, significantly elevated troponin/pro-BNP, or coronary artery abnormalities
      - Other severe end-organ involvement including but not limited to neurological or renal disease (excluding severe respiratory disease alone)
    - OR
    - **Two or more** of the following:
      - Maculopapular rash
      - Bilateral non-purulent conjunctivitis
      - Mucocutaneous inflammatory signs (mouth, hands, or feet)
      - Acute gastrointestinal symptoms (diarrhea, vomiting, or abdominal pain); **AND**
      - The absence of a more likely diagnosis of the illness, e.g., bacterial sepsis or other viral infection.
NYSDOH Interim PMIS Case Definition

- **Laboratory Criteria:**

- **General Laboratory Criteria:** Two or more of the following markers of inflammation:
  - Neutrophilia, lymphopenia, thrombocytopenia, hypoalbuminemia, elevated C-reactive protein (CRP), erythrocyte sedimentation rate (ESR), fibrinogen, D-Dimer, ferritin, lactic acid dehydrogenase (LDH), interleukin 6 (IL-6), OR elevated procalcitonin

- **Virologic Laboratory Criteria:** One of the following SARS-CoV-2 laboratory results*:
  - Detection of SARS-CoV-2 RNA in a clinical specimen using a molecular amplification detection test (e.g., RT-PCR) (or detection of SARS-CoV-2 antigen in a clinical specimen), at the time of presentation with this clinical picture or within the prior 4 weeks.
  - Detection of SARS-CoV-2 antibody in serum, plasma, or whole blood indicative of a new or recent infection.

  *Based on the use of an FDA authorized test
Epidemiologic Criteria:
One or more of the following exposures in the 6 weeks prior to the onset of symptoms:
- Close contact with an individual with laboratory-confirmed SARS-CoV-2 infection.
- Close contact with an individual with illness clinically compatible with COVID-19 disease who had close contact with an individual with laboratory-confirmed SARS-CoV-2 infection.
- Travel to or residence in an area with sustained, ongoing community transmission of SARS-CoV-2.

Case Classifications:
- Confirmed: Meets clinical, general laboratory, and virologic laboratory criteria
- Suspect: Meets clinical, general laboratory, and epidemiologic criteria
CDC Health Alert Network: MIS-C Associated with COVID-19

- Name: MIS-C
- Case definition, consistent with NYSDOH

Multisystem Inflammatory Syndrome in Children (MIS-C) Associated with Coronavirus Disease 2019 (COVID-19)

Case Definition for Multisystem Inflammatory Syndrome in Children (MIS-C)

- An individual aged <21 years presenting with fever, laboratory evidence of inflammation, and evidence of clinically severe illness requiring hospitalization, with multisystem (>2) organ involvement (cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic or neurological) AND
- No alternative plausible diagnoses AND
- Positive for current or recent SARS-CoV-2 infection by RT-PCR, serology, or antigen test; or COVID-19 exposure within the 4 weeks prior to the onset of symptoms

Fever ≥38.0°C for ≥24 hours, or report of subjective fever lasting ≥24 hours
Including, but not limited to, one or more of the following: an elevated C-reactive protein (CRP), erythrocyte sedimentation rate (ESR), fibrinogen, procalcitonin, d-dimer, ferritin, lactate acid dehydrogenase (LDH), or interleukin 6 (IL-6), elevated neutrophils, reduced lymphocytes and low albumin

Additional comments

- Some individuals may fulfill full or partial criteria for Kawasaki disease but should be reported if they meet the case definition for MIS-C
- Consider MIS-C in any pediatric death with evidence of SARS-CoV-2 infection

https://emergency.cdc.gov/han/2020/han00432.asp
Outbreak of Severe Kawasaki-like Disease in Italy

- The Lancet
- In heavily impacted area of Italy
- Two groups compared (group 1 early in outbreak (n=19) and group 2 later in outbreak N=10)
- Group 2: 8/10 positive on serology
- Two groups differed:
  - Group 1: 2/19 cardiac involvement, 0/19 Kawasaki Disease Shock Syndrome (KDSS), 0/19 macrophage activation syndrome (MAS)
  - Group 2: 6/10 cardiac involvement, 5/10 KDSS, 5/10 MAS
- A thirty-fold increase in Kawasaki Disease was seen
MIS-C Associated with COVID-19 - Cardiac

- Acute heart failure in multisystem inflammatory syndrome in children (MIS-C) in the context of global SARS-CoV-2 pandemic
- Circulation
- France and Switzerland
- PICUs at 14 centers
- 35 children identified, median age 10 (2-16 years)
- 28% comorbidities including asthma and obesity
- GI symptoms prominent
- 1/3rd with left ventricular ejection fraction <30%
- 80% required inotropic support
- 28% treated with ECMO
- Elevated inflammatory markers and BNP
- 88% positive for SARS-CoV-2 on PCR or serology
- All patients received IVIG, and 1/3rd steroid therapy
- 25 out of 35 had restored LV function on discharge
- None died
COVID-19 Healthcare System Capacity

Marcus Friedrich, MD, MHCM, MBA, FACP
Chief Medical Officer, Office of Quality and Patient Safety
NYSDOH
COVID-19 Healthcare Surge Response

- Telehealth
- Healthcare system capacity
- Elective surgeries
- Encouraging access to healthcare
- Hospital visitation
Medicaid Telehealth Updates and Guidance

NYSDOH COVID-19 Guidance for Medicaid Providers website

- **Webinar**: New York State Medicaid Guidance Regarding Telehealth, Including Telephonic, Services During the COVID-19 Emergency - 5.5.2020
  - Slides (PDF)
  - Recording Coming Soon

- **Frequently Asked Questions (FAQs)** on Medicaid Telehealth Guidance during the Coronavirus Disease 2019 (COVID-19) State of Emergency - (Web) - (PDF) - Updated 5.1.2020
Telehealth Guidance

- American College of Physicians Telehealth Resource:
  www.acponline.org/practice-resources/business-resources/health-information-technology/telehealth

- CDC Outpatient and Ambulatory Care Setting Guidance:

- Medicaid:
  www.health.ny.gov/health_care/medicaid/program/update/2020/
COVID-19 Weekly Healthcare Provider Update Compilation:
As of May 18, 2020, 9:00 AM

The information in this compilation is current only as of the above date and time.

Purpose: The purpose of this weekly publication is to provide healthcare providers in New York State with a consolidated update of guidance released by the New York State Department of Health (NYSDOH) related to the COVID-19 pandemic response. This will show only current guidance for any given topic and will be updated to reflect new guidance.

As a reminder, all advisories and informational messages (including webinar invitations) are distributed through the Integrated Health Alerting Network System (IHANS), an application housed on the Health Commerce System (HCS). If you are not receiving IHANS notifications, please work with your site’s HGS coordinator. Additional COVID-19 resources may be found on the NYSDOH webpage under Information for Healthcare Providers.

Recordings of COVID-19 Weekly Healthcare Provider Updates are also available on the NYSDOH webpage.

<table>
<thead>
<tr>
<th>Guideline/Health Advisory Topic</th>
<th>Link(s)</th>
<th>Date</th>
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<tbody>
<tr>
<td><strong>Testing</strong> Specimen Collection</td>
<td>Additional Capacity Guidance (Collection, triage, treatment)</td>
<td>3/19/20</td>
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<tr>
<td></td>
<td>Specimen Collection and Handling of NP and Saliva Specimen</td>
<td>4/1/20</td>
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<td>Wadsworth Specimen Collection, Handling and Transport</td>
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<td>Updated Infections Disease Report</td>
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<td>Updated Infections Disease Report Guidance</td>
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<td>Private Practice Collection Guidance</td>
<td>4/19/20</td>
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<td></td>
<td>The NYSDOH Wadsworth Center’s Assay for SARS-CoV-2</td>
<td>4/20/20</td>
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<td>Updated Testing Protocol</td>
<td>4/20/20</td>
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<td></td>
<td>Serology Testing</td>
<td>4/20/20</td>
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<td></td>
<td>Requests for PPE should go through your county GEM</td>
<td>3/23/20</td>
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<td>PPE Shortage Guidance</td>
<td>4/2/20</td>
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<td>Optimizing PPE (CDC)</td>
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<td>Infection Control Guidance (CDC)</td>
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<td>Process for Discontinuation of Home Isolation</td>
<td>3/28/20</td>
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<td>Protocols for Essential Personnel to Return to Work Following COVID-19 Exposure or Infection</td>
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<td>Protocols for Personnel in Healthcare to Return to Work Following COVID-19 Exposure or Infection</td>
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<td>Guidance for Local Health Departments Highlighting Definitions and Situations for Quarantine and Isolation</td>
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For questions about this document please contact covidproviderinfo@health.ny.gov

NYSDOH COVID-19 Weekly HCP Update Compilation

HCP Compilation (Week of May 18th)

For questions, contact covidproviderinfo@health.ny.gov
Quick Tips for Clinician Wellbeing in The Era of COVID-19

May 21, 2020

Louis S. Snitkoff, MD, FACP
Immediate Past-President
American College of Physicians, NY Chapter
Healthcare Provider/Physician Wellness

• The state is partnering with the Kate Spade New York Foundation and Crisis Text Line to provide a 24/7 emotional support service for frontline healthcare workers
  
  Text NYFRONLINE to 741-741 to access these emotional support services

• New York State-regulated health insurers will be required to waive cost-sharing, including deductibles, copayments and coinsurance, for in-network mental health services for frontline essential workers during COVID-19
# Healthcare Provider Well-being Resources

<table>
<thead>
<tr>
<th>MSSNY</th>
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<tr>
<td>ACP</td>
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<tr>
<td>NAM</td>
<td>AHRQ well-being</td>
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COVID-19 Resources
CDC COVID Website

Coronavirus Disease 2019 (COVID-19) — Information for Providers

Daily Syndromic and Case Data Update

The following documents provide information about people confirmed to have COVID-19 in NYC. They will be updated each weekday morning.

The total number of positive cases in the city are updated continuously. This update reflects data as of the previous day at 6 p.m. Due to public health guidance that people with mild illness stay home and not get tested, these data may not reflect the true number of positive COVID-19 cases in NYC and may overrepresent the volume of hospitalized cases.

As of March 18, 6 p.m.:

- COVID-19 Daily Case Data Summary (PDF)
- NYC Flu-like Illness Data 2016-Current (PDF)
Mental Health Resources

Guidance Documents

As defined in section 203-c of the State Administrative Procedure Act, a guidance document is any guideline, memorandum or similar document, prepared by an agency, that provides general information or guidance to assist regulated parties in complying with any statute, rule or other legal requirement. The term does not include documents that concern only the internal management of the agency, such as a policy that applies only to an OMH operated facility or program.

Current OMH Guidance Documents:

Guidance on COVID-19

- OMH Psychiatric Center Visitor Restriction Guidance (3/14/2020)
- COVID-19 Guidance for Children’s Waiver Service Providers (3/14/2020)
- DCH Medicaid Updates – Special Editions
- COVID-19 Guidance for Health Homes (3/14/2020)
- Provider Memo – Maintaining Continuity of Operations Plans and Reporting Disruptions in Services (3/19/2020)
- Guidance for NY’s Behavioral Health Programs (3/1/2020)
- Interim Guidance for Cleaning and Disinfection of Public and Private Facilities for COVID-19
- Interim Guidance for Large Gatherings and Public Spaces During the COVID-19 Outbreak
- OMH Guidance for Managing Stress and Anxiety During the COVID-19 Outbreak

COVID-19 Telemental Health Guidance

- Supplemental Guidance – Use of Telehealth for People Served by OMH Licensed or Designated Programs Affected by the Disaster Emergency (REVISED – 3/12/2020)
- Self-Attestation of Compliance to Offer Telemental Health Services (REVISED - 3/13/2020)
- DCH Medicaid Update Special Edition: COVID-19 Telephonic Communication Services
- QASAS Telemental Waiver Update
- Interim Guidance Regarding the Delivery of Services Through the Use of Telehealth Modalities in Facilities Certified or Operated by OPWDD
- Use of Telemental Health for People Affected by the Disaster Emergency (3/11/2020)
• For everyone
• For individuals receiving mental health services
• For parents
• For caregivers of older adults
• For mental health providers
Mental Health Resources

• NYS Mental Health Helpline 1-844-863-9314

• The helpline is staffed by specially trained volunteers, including mental health professionals, who have received training in crisis counseling related to mental health consequences of infectious disease outbreaks, typical stress reactions, anxiety management, coping skills, and telephonic counseling
NYSDOH COVID-19 Website
Symptoms

The 2019 novel coronavirus may cause mild to severe respiratory symptoms.

COVID-19 Testing

Learn more about testing protocol now that the FDA has approved New York to begin its own testing.

OVERVIEW

MOBILE TESTING

PROTOCOL FOR TESTING

Know Your Rights

The health and safety of New Yorkers is the top priority, co-pays for telehealth visits have been waived.

TESTING

INSURANCE

UNEMPLOYMENT
Get Tested

Revised testing criteria has been announced for all first responders, healthcare workers and essential workers.

CAN I BE TESTED? FIND A TEST SITE
ATTENTION ALL PATIENTS

STOP

If you have

- fever
- cough
- trouble breathing

Call this number ____________________.
Tell them your symptoms.
Ask where you should go and what you should do.
Put on a mask before going inside.

ATTENTION ALL VISITORS

STOP

NO VISITORS ARE ALLOWED AT THIS TIME

If you feel there is an urgent need for visitation, please contact ____________________.

DO NOT VISIT
Questions or Concerns

• Call the local health department [www.health.ny.gov/contact/contact_information/](http://www.health.ny.gov/contact/contact_information/)

• In New York City: Notify the NYC DOHMH provider access line (PAL)
  – 1-866-NYC-DOH1 or 1-866-692-3641 (works 24 hours/day x 7 days/week)

• Providers who are unable to reach the LHD can contact the NYSDOH Bureau of Communicable Disease Control at [518-473-4439](tel:518-473-4439) during business hours or the NYSDOH Public Health Duty Officer at [1-866-881-2809](tel:1-866-881-2809) evenings, weekends, and holidays
New Yorkers without health insurance can apply through NY State of Health through June 15th, 2020

Must apply within 60 days of losing coverage
Vote - Ad Contest Encouraging All New Yorkers to Wear a Mask

Thank you for voting! Watch the videos again:

You Can Still Smile - Natalia Bougadellis

We are Compassion. We are New York - Skyline99 Studios

NYS Wear a Mask Ad Contest
QUESTIONS?

TO NYS’ HEALTHCARE PROVIDERS

THANK YOU!